



Faculty Name:	Ms. Pavithra D
Designation:	Nursing Tutor
Experience:	11 months
Area of Interest:	Psychiatric Nursing Care, Mental Health Awareness, Psychosocial Interventions, and Nursing Research.
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Ms. Pavithra D, M.Sc (N), is a dedicated academician and mental health nursing professional, currently working as a Tutor at College of Nursing Sciences, Dayananda Sagar University. She has completed her B.Sc. Nursing followed by M.Sc. Nursing in Mental Health Nursing, with a strong foundation in psychiatric nursing practice, nursing education, and research.

Ms. Pavithra's academic journey reflects a keen interest in mental health promotion, psychiatric nursing practice, and community mental health services. Ms. Pavithra's professional interests include psychiatric nursing care, mental health awareness, psychosocial interventions, and nursing research.

#### **Research Papers:**

Pavithra D, Pradeepha, et.al., A study to assess the level of knowledge and attitude regarding foot care practices among Diabetic patients at selected Hospitals, Bengaluru with the view to develop an informational booklet, 24 February 2023, International Journal of Creative Research Thoughts

#### **Conference papers:**

Effectiveness of Cognitive Behavioral Therapy in Reducing Perinatal Anxiety among primi mothers

- Event: International Conference on Translational and Technological Advances in Health Sciences
- Date: 13<sup>th</sup> to 15<sup>th</sup> November 2025
- Location: Dayananda Sagar University, Bangalore