



COLLEGE OF PHYSIOTHERAPY

Report on CapABLE Sports Fiesta

Date: 04/01/2024

Place: Manonandana Centre, Bengaluru

No. of participants: 42

No. of Staffs participated: 2

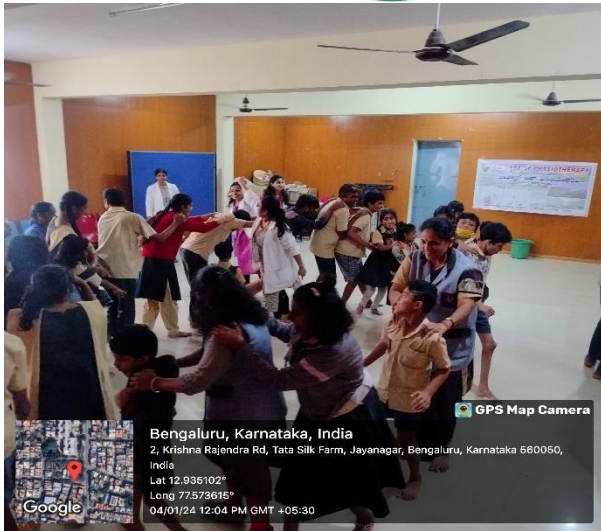
No. of Volunteers: 5

An extension activity named “CapABLE Sports Fiesta” was organised by College of Physiotherapy, Dayananda Sagar University, Bengaluru, on 04th January 2024. The activity included introduction and interaction with intellectually and physically challenged kids registered to the Manonandana Centre. The programme started at 10:30 am with the inauguration of “CapABLE Sports Fiesta” and felicitation of Principal, Manonandana Centre, Bengaluru. It was followed by Warm Up Exercises which included mild stretching and free exercises. Followed by this, all kids were engaged in different sports/games like Ball in the bucket, Name the object (drawn on board), Paint your mood, Skeleton dance, etc. All the activities mentioned above, focused on different aspects of rehabilitation – Memory, Cognition, Agility, Comprehension, Joint mobility and Aerobic capacity. The collaborative efforts of Programme Co-ordinators – Dr. Kanchan P. Sugandhi and Dr. Feba Roy, both Assistant Professor and 5 volunteers – Post Graduate students from the College of Physiotherapy, DSU along with the staff of Manonandana Centre lead to a successful event. Prizes were distributed to the winners of each game/sports. The programme ended approximately at 1:00 pm.





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Programme Co-ordinator

Dr. Kanchan P. Sugandhi

Dr. Feba Roy

Extension Activity Co-ordinator

Dr. Gayathri

Principal