



COLLEGE OF PHYSIOTHERAPY

Report on Empower Play – Celebrating Abilities

Date: 18/01/2024

Place: SSA, Kanakapura

No. of Participants: 53

No. of Staffs participated: 2

No. of Volunteers: 10

An extension activity titled “Empower Play – Celebrating Abilities” was organized on 18th January 2024 College of Physiotherapy, Dayananda Sagar University, Bengaluru. The activity intended to aware and engage rural population near Kanakapura, Karnataka about the different types of disabilities and its rehabilitation aspects. The event was inaugurated under the presence of Block Resource Coordinator, Head of SSA, Kanakapura, Head of Lions Club, Kanakapura, Head of Leo Club, Kankapura and the staff of COPT, DSU. We involved children aged between 5-18 years into various games and recreational activities. This activity impacted and motivated disabled kids and their parent/care-taker and educated them about involvement of physiotherapy rehabilitation through exercises and music into daily life activities. The activities performed were throw a ball into goal, make a dance move, colour your mood, etc. These exercises helps to improve the functional independence of disabled kids and enhances their confidence into social engagement. This activity also aimed to redirect the society and parents’ focus on humanizing the intellectual and physical disabilities and highlight about their respective opportunities in the competitive and outclassing world. The event concluded by selecting winners for each games played and honouring them with prizes.

The event was led by Dr. Feba Roy and Dr. Kanchan P. Sugandhi, both Assistant Professor, College of Physiotherapy, Dayananda Sagar University, Bengaluru alongwith 10 Volunteers (Post-graduates, Interns and Under-graduates, COPT, DSU). The determination and support of SSA team, Kanakapura along with Lions Club and Leo Club, Kanakapura helped in smooth conductance of the event.





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Event Co-ordinator

Extension Activity Co-ordinator

Principal