



DAYANANDA SAGAR
UNIVERSITY



NAAC



ALUMINI CONNECT - 2026

DR. KOUSHIK(PT) & DR.SUMEETA DAVID (PT)
“FROM PHYSIOTHERAPIST TO ENTREPRENEUR”

**COLLEGE OF PHYSIOTHERAPY,
SCHOOL OF HEALTH SCIENCES.**
DR GAYATHRI POOJARY (PT), DR R MUKESH KUMAR (PT)

Faculty Coordinator, College of Physiotherapy.

11/03/2026



Letty
20/3/2026



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1. Introduction of the Event

The College of Physiotherapy, under the School of Health Sciences, Dayananda Sagar University, organized an Alumni Seminar titled **“From Physiotherapist to Entrepreneur: Building Clinics, Businesses, and Wealth with Corporate Outlook and Career Opportunities”** on **11th March 2026**. The session was delivered by distinguished alumni **Dr. Koushik J (PT)**, Founder and Clinical Director, Elite Motion Physiotherapy Centre, Bengaluru, and **Dr. Sumeeta David (PT)**, Founder and Physiotherapist, All Peoples Physiotherapy, Bengaluru.

The seminar was conducted for Final Year BPT students, interns, and alumni with the objective of exposing participants to the entrepreneurial aspects of physiotherapy practice. While physiotherapy education traditionally focuses on clinical competency, the profession increasingly demands leadership, business acumen, strategic planning, and innovation. The session provided valuable insights into establishing and managing successful physiotherapy clinics while maintaining excellence in patient care.

The speakers shared their professional journeys, challenges, and experiences in building healthcare enterprises. Participants gained an understanding of clinic management, branding, financial planning, patient retention, professional networking, and emerging career opportunities within the healthcare industry.

The event was aligned with the United Nations Sustainable Development Goals (SDGs), particularly:

- **SDG 3: Good Health and Well-being** – by promoting quality physiotherapy services and improved healthcare delivery.
- **SDG 4: Quality Education** – by providing industry-oriented learning and practical professional knowledge.

The seminar served as a platform to inspire future physiotherapists to become leaders, innovators, and entrepreneurs capable of contributing to healthcare advancement and economic growth.





2. Objective of the Event

- To provide students with insights into entrepreneurship and business development within physiotherapy practice.
- To educate participants about the process of establishing, managing, and expanding physiotherapy clinics.
- To create awareness regarding financial planning, branding, marketing, and patient relationship management in healthcare.
- To expose students to emerging career opportunities beyond conventional clinical practice.
- To encourage innovation, leadership, and strategic thinking among future healthcare professionals.
- To bridge the gap between academic education and professional business realities through alumni interaction.
- To promote Sustainable Development Goals, particularly SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), SDG 8 (Decent Work and Economic Growth), and SDG 9 (Industry, Innovation and Infrastructure).

3. Beneficiaries of the Event

The seminar significantly benefited Final Year BPT students, interns, and alumni of the College of Physiotherapy, School of Health Sciences, Dayananda Sagar University. Participants gained valuable knowledge regarding entrepreneurship, healthcare management, and professional growth, thereby strengthening their academic and practical competencies (**SDG 4 – Quality Education**).

The session enhanced understanding of establishing and managing physiotherapy clinics, delivering quality healthcare services, and developing patient-centered business models, thereby contributing to improved healthcare outcomes (**SDG 3 – Good Health and Well-being**).





Students were introduced to entrepreneurial opportunities, business planning, financial management, leadership skills, and career diversification within the healthcare sector. These insights improved career readiness and encouraged self-employment opportunities, directly supporting **SDG 8 – Decent Work and Economic Growth**.

The speakers also emphasized innovation, technology integration, and modern healthcare infrastructure in physiotherapy practice. This encouraged students to embrace innovative solutions and contribute to the advancement of healthcare services (**SDG 9 – Industry, Innovation and Infrastructure**).

The interaction with successful alumni inspired participants to pursue excellence, innovation, and lifelong learning while preparing them to become competent healthcare professionals and future entrepreneurs.

4. Brief Description of the Event

The College of Physiotherapy, under the School of Health Sciences, Dayananda Sagar University, conducted an Alumni Seminar titled **“From Physiotherapist to Entrepreneur: Building Clinics, Businesses, and Wealth with Corporate Outlook and Career Opportunities”** on **11th March 2026** in the Seminar Hall. The session was delivered by **Dr. Koushik J (PT)**, Founder and Clinical Director of Elite Motion Physiotherapy Centre, Bengaluru, and **Dr. Sumeeta David (PT)**, Founder and Physiotherapist at All Peoples Physiotherapy, Bengaluru.

The seminar focused on empowering physiotherapy students and young professionals with the knowledge and skills required to build successful careers beyond conventional clinical practice. Both speakers shared their entrepreneurial journeys, highlighting the challenges, opportunities, and lessons learned while establishing and managing their respective healthcare organizations.

Key topics discussed included clinic setup and administration, healthcare entrepreneurship, patient acquisition and retention, branding, marketing strategies, financial planning, team management, and long-term business sustainability. The speakers also emphasized the importance of leadership, innovation, adaptability, and ethical practice in achieving professional success.





The session provided participants with practical insights into balancing clinical excellence with business growth. Students actively engaged in discussions and interacted with the speakers to clarify queries related to entrepreneurship, higher education, professional networking, and career development.

The event successfully bridged the gap between academic learning and real-world professional experiences. It motivated students to explore innovative career pathways and encouraged them to develop the entrepreneurial mindset necessary for future success in the healthcare industry.

Aligned with the United Nations Sustainable Development Goals, the seminar effectively supported **SDG 3 – Good Health and Well-being** through the promotion of quality healthcare services; **SDG 4 – Quality Education** through experiential and industry-oriented learning; **SDG 8 – Decent Work and Economic Growth** by fostering entrepreneurship and employability; and **SDG 9 – Industry, Innovation and Infrastructure** by encouraging innovation and sustainable healthcare development.

Overall, the alumni seminar served as an inspiring platform that empowered students to envision broader career opportunities within physiotherapy and motivated them to become future leaders, innovators, and entrepreneurs in healthcare.





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5. Photographs



Pic 1 – Dr Koushik delivering his talk to final years, interns and Post graduate students





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Pic 2 - Dr Koushik and Dr Sumeeta felicitated with Certificate of Appreciation





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6. Brochure of the event



**COLLEGE OF
PHYSIOTHERAPY**
SCHOOL OF HEALTH SCIENCES



ALUMNI CONNECT 2026

11/03/2026 | Offline Mode
**TOPIC - "FROM PHYSIOTHERAPIST
TO ENTREPRENEUR"**



Dr Koushik J (PT)
Batch 2017-2021 (BPT)
Founder and Clinical Director
Elite Motion Physiotherapy Centre
Bengaluru



Dr Sumeeta David (PT)
Batch 2019-2021 (MPT)
Founder and Physiotherapist
All Peoples Physiotherapy
Bengaluru



Seminar Hall, 2nd floor, COPT,
Health Science Building, DSU,
Harohalli, Bengaluru-562112

Event Coordinators
Dr R Mukesh Kumar (PT) +91 96772 73370
Dr Gayathri Poojary (PT) +91 91081 69985

Principal and Faculty
College of Physiotherapy

SUPERCHARGING INDIA'S AI FUTURE WITH DSU
INDIA'S AI-FIRST UNIVERSITY

Dean
School of Health Sciences





7. Schedule of the Event

Title: From Physiotherapist to Entrepreneur: Building Clinics, Businesses, and Wealth with Corporate Outlook and Career Opportunities

Date: Wednesday, 11th March 2026 **Time:** 10:00 AM to 1:00 PM

Target Audience: Final Year BPT Students, Interns and Alumni

Resource Persons:

Dr. Koushik J (PT), Founder and Clinical Director, Elite Motion Physiotherapy Centre, Bengaluru

Dr. Sumeeta David (PT), Founder and Physiotherapist, All Peoples Physiotherapy, Bengaluru

Theme: Entrepreneurship, Leadership, and Career Advancement in Physiotherapy

Location: Seminar Hall, 2nd Floor, College of Physiotherapy, Health Sciences Building, Dayananda Sagar University, Harohalli Campus, Kanakapura Road, Bengaluru – 562112

TIME	EVENT NAME
10:00 AM – 10:10 AM	Welcome Address and Introduction of Resource Persons
10:10 AM – 11:00 AM	Session I: From Physiotherapist to Entrepreneur – Building a Successful Clinical Practice (Dr. Koushik J)
11:15 AM – 12:00 PM	Session II: Business Growth, Patient Management, and Professional Branding (Dr. Sumeeta David)
12:00 PM – 12:40 PM	Interactive Discussion: Corporate Outlook and Career Opportunities in Physiotherapy
12:40 PM – 12:50 PM	Question and Answer Session
12:50 PM – 01:00 PM	Felicitation of Speakers and Vote of Thanks



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8. Attendance of the Event.

Attendance has been attached with the coordinator's signature.

Signature of the Coordinator

IQAC cell

Principal

IQAC CELL
COLLEGE OF PHYSIOTHERAPY
DAYANANDA SAGAR UNIVERSITY

Principal
College of Physiotherapy
DAYANANDA SAGAR UNIVERSITY
Devanahalli, Harohalli,
Kanakapura Road, Ramnagar Dist.
Karnataka-562 112



3 GOOD HEALTH
AND WELL-BEING



4 QUALITY
EDUCATION





Date - 11-03-2026

[illegible]

Program coordinator

Principal

20/3/2026



COLLEGE OF PHYSIOTHERAPY

Topic- from Physiotherapist to Entrepreneur

Date - 11-03-2026

Sr. no	Name	USN No.	Batch	Signature
1	Emmanuel	HSL23PT0049	3 rd year	
2	Nandees h.	HSL23PT0013	3 rd year	
3	Pruthvi. R	HSL23PT0016	3 rd year	
4	Rakshit	HSL23PT0018	3 rd year.	
5	Meghana. k	HSL23PT0055	3 rd year	
6	Shilpa Shree G	HSL23PT0021	3 rd year	
7	Shree raksha	HSL23PT0022	3 rd year	
8	Usha	HSL23PT0027	3 rd year	
9	Varsha R	HSL23PT0029	3 rd year	
10	RIVI POHENA	HSL23PT0069	3 rd year	
11	Rohit Singha	HSL23PT0070	3 rd year	
12	Somnath	HSL23PT0049	3 rd year	
13	Suryaj. k	HSL23PT0026	3 rd year	
14	Menisha. K	HSL23PT0060	3 rd year	
15	Kavana. S	HSL23PT0011	3 rd year	
16	MOHAMMED ARBAZ	HSL23PT0059	3 rd year	
17	JAYANT. R	HSL23PT0054	3 rd year	
18	Deekshith	HSL23PT0046	3 rd year.	
19	Suzya Suresh A	HSL23PT0079	3 rd year	
20	Vaishnavi Vinod	HSL23PT0083	3 rd year	
21	Ana Angel Jams	HSL23PT0036	3 rd year	
22	Kevin Thomas	HSL23PT0056	3 rd year	
23	Rakshit	HSL23PT0025	3 rd year	
24	Nandees h	HSL23PT0012	3 rd year	
25				

Program coordinator

Principal

20/3/2026



COLLEGE OF PHYSIOTHERAPY

Topic- from Physiotherapist to Entrepreneur

Date - 11-03-2026

Sr. no	Name	USN No.	Batch	Signature
1	Meghana vp	HSC23PT0058	3 rd year	Meghana P
2	Soorya S nris	HSC23PT0075	3 rd year	Soorya S
3	Premrajali-J	HSC23PT0015	3 rd year	Premrajali J
4	Pooja N	HSC23PT0014	3 rd year	Pooja N
5	Shreya P	HSC23PT0023	3 rd year	Shreya P
6	Spoorthi J	HSC23PT0024	3 rd year	Spoorthi J
7	Ashwini B	HSC23PT0001	3 rd year	Ashwini B
8	Aysha Sidditha	HSC23PT0004	3 rd year	Aysha Sidditha
9	Neha	HSC21PT0026	Intern	Neha
10	Namitha	HSC21PT0025	Intern	Namitha
11	Bushra	HSC22PT0012	4 th year	Bushra
12	Tazeen	HSC22PT0053	4 th year	Tazeen
13	Swati N.W	HSC22PT0057	4 th year	Swati N.W
14	Diya Pancham	HSC22PT0016	4 th year	Diya Pancham
15	Veda Varshini	HSC22PT0029	4 th year	Veda Varshini
16	ABHISHEK R	HSC22PT0001	4 th year	ABHISHEK R
17	MHONCHAN	HSC22PT0033	4 th year	MHONCHAN
18	SIDDHANTH	HSC22PT0047	4 th year	SIDDHANTH
19	Nili Deb	HSC20PT0036	Intern	Nili Deb
20	Nikhil Sawant	HSC21PT0035	Intern	Nikhil Sawant
21	Pratik Sonune	HSC21PT0038	Intern	Pratik Sonune
22	Akanksha G	HSC21PT0003	Intern	Akanksha G
23	Tejaswini J	HSC21PT0013	Intern	Tejaswini J
24	SIRAJ	HSC19PT0050	Intern	SIRAJ
25	Ala M Bysal	HSC19PT0024	3 rd yr BPT	Ala M Bysal

Program coordinator

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20/3/2026



COLLEGE OF PHYSIOTHERAPY

Topic- from Physiotherapist to Entrepreneur

Date - 11-03-2026

Sr. no	Name	USN No.	Batch	Signature
1	Bhauani	HSC25MNS013	1st MPT	Bhauani
2	PRIYANIKA	HSC25MNS002	1st MPT	Priyanka
3	Aditi Sashi	HSC25MSS012	1st MPT	Aditi
4	pawani.H	HSC25MSS015	1st MPT	Pawani
5.	Usha Rani	HSC25MNS012	1st MPT	V. Usha Rani
6.	Queenchan.	HSC25MNS015	1st MPT	Queenchan
7.	Rockelle	HSC25MSS017	1st MPT	Rockelle
8	Veekshita	HSC25MNS004	1st MPT	Veekshita
9	Mahima	HSC25MSS002	1st MPT	Mahima
10	Dhaushan.V	HSC25MNS001	1st MPT	Dhaushan.V
11.	NIROSHA.M	HSC25MNS014	1st MPT	Nirosha
12	Romaneegoda	HSC25MSS021	2nd MPT	Romaneegoda
13	Deeksha.K	HSC23PT0045	3rd yr BPT	Deeksha.K
14.	Rayston david	HSC23PT0071	3rd yr BPT	Rayston david
15.	Tripathi S	HSC23PT0081	3rd yr BPT	Tripathi S
16	Krish Raj	HSC23PT0057	3rd yr BPT	Krish Raj
17	Sivani	HSC23PT0071	3rd yr BPT	Sivani
18	Celena	HSC23PT0042	3rd yr BPT	Celena
19	Aliya	HSC23PT0035	3rd yr BPT	Aliya
20	Rachana	HSC23PT0017	3rd yr BPT	Rachana
21	Prayash P	HSC23PT0039	3rd yr BPT	Prayash P
22	Agashi Nandini	HSC23PT0032	3rd yr BPT	Agashi Nandini
23	Isha sharma	HSC23PT0009	3rd yr BPT	Isha sharma
24	Vidhi	HSC23PT0008	3rd yr BPT	Vidhi
25	Aishwarya	HSC23PT0002	3rd yr BPT	Aishwarya

Program coordinator

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20/3/2026



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Topic- from Physiotherapist to Entrepreneur

Date - 11-03-2026

Sr. no	Name	USN No.	Batch	Signature
1.	Tarayo Jaggi	HSC22PT0052	4 th Yr.	
2.	Vaishnavi	HSC22PT0024	4 th Yr	
3.	Indu Lathar	HSC22PT0022	4 th Yr.	
4.	P. Sujana	HSC22PT0038	4 th yr	
5.	A. Pallavi	HSC22PT0008	4 th Yr	
6.	Kavana	HSC22PT0027	4 th Yr.	
7.	Arpita.S	HSC22PT0007	4 th Yr	
8.	Mangubhree	HSC22PT0031	4 th Yr.	
9.	Garudamaker	HSC22PT0008	4 th Yr	
10.	Sakshi	HSC22PT0000	4 th Yr	
11.	Chhaya	HSC22PT0015	4 th Year	
12.	Palak	HSC22PT0037	4 th Year	
13.	Geetham Krishna	HSC22PT0020	4 th Year	
14.	Dheer B	HSC22PT0009	4 th Year	
15.	Priya	HSC22PT0017	-	
16.	Philomena	HSC22PT0039	-	
17.	Shruti	HSC22PT0046	-	
18.	Nayna	HSC22PT0036	1-4	
19.	Anusha.N	HSC22PT0004	4 th Year	
20.	Rakshatha.R	HSC22PT0041	4 th Year	
21.	Sinchana.R	HSC22PT0048	4 th Year	
22.	Anushree.M	HSC22PT0006	4 th Yr	
23.	Chandana.D	HSC22PT0014	4 th Yr	
24.	Anusha.S	HSC22PT0005	4 th Yr	
25.	Mallikarjun	HSC22PT0030	4 th Yr	

Program Coordinator

Principal

20/3/2026