



DAYANANDA SAGAR  
UNIVERSITY



NAAC



## ALUMNI CONNECT - 2026

DR. ASUTOSH P (PT)

**“CHOOSING THE RIGHT UNIVERSITY & PLANNING  
FOR UK MASTERS”**

**COLLEGE OF PHYSIOTHERAPY,  
SCHOOL OF HEALTH SCIENCES.**

DR GAYATHRI POOJARY (PT), DR R MUKESH KUMAR (PT)

Faculty Coordinator, College of Physiotherapy

10/03/2026



*P. Letty*  
*23/3/2026*





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8. Attendance of the Event.





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## 1. Introduction of the Event

The College of Physiotherapy, under the School of Health Sciences, Dayananda Sagar University, organized an Alumni Seminar titled **“Choosing the Right University & Planning for UK Masters”** on **10th March 2026**. The session was delivered by distinguished alumnus **Dr. Asutosh P (PT)**, Physiotherapist at Notts County FC, United Kingdom.

The session was conducted online for Final Year BPT students, interns, and alumni with the objective of guiding participants through the process of choosing the right university and planning effectively for postgraduate studies in the United Kingdom. As increasing numbers of physiotherapy graduates look toward international higher education, the session offered timely and practical guidance on selecting the right academic pathway abroad.

Dr. Asutosh shared his own journey of pursuing a Master's degree in the United Kingdom and building a career as a physiotherapist with a professional football club, offering students an insider's perspective on university selection, application planning, funding, and adapting to a new academic and professional environment overseas.

The event was aligned with the United Nations Sustainable Development Goals (SDGs), particularly:

- **SDG 3: Good Health and Well-being** – by strengthening students' readiness to deliver quality patient care in clinical settings.
- **SDG 4: Quality Education** – by equipping students with the knowledge to make informed decisions about international higher education.

The session served as an inspiring platform, encouraging students to consider global academic and professional pathways with confidence and clarity.

## 2. Objective of the Event





- To guide students in choosing the right university for postgraduate studies in physiotherapy.
- To provide practical insights into the application and admission process for UK Masters programmes.
- To create awareness of funding, scholarships, and financial planning for studying abroad.
- To expose students to international career opportunities, including work with professional sports organisations.
- To help students understand the academic and cultural adjustments required when studying overseas.
- To bridge the gap between academic aspirations and international professional pathways through alumni mentorship.
- To promote Sustainable Development Goals, particularly SDG 4 (Quality Education)

### 3. Beneficiaries of the Event

The session significantly benefited Final Year BPT students, interns, and alumni of the College of Physiotherapy, School of Health Sciences, Dayananda Sagar University. Participants gained valuable knowledge regarding international higher education pathways, strengthening their ability to make informed academic decisions (**SDG 4 – Quality Education**).

The interaction with an alumnus who has successfully built an international career inspired participants to pursue higher education and professional opportunities abroad with clarity, confidence, and realistic planning.





#### 4. Brief Description of the Event

The College of Physiotherapy, under the School of Health Sciences, Dayananda Sagar University, conducted an online Alumni Connect session titled **“Choosing the Right University & Planning for UK Masters”** on **10th March 2026**. The session was delivered by **Dr. Asutosh P (PT)**, Physiotherapist at Notts County FC, United Kingdom.

The session focused on equipping physiotherapy students with the knowledge and confidence required to plan a Master's education in the United Kingdom. Dr. Asutosh shared his own academic and professional journey, highlighting the process of selecting a suitable university, meeting admission requirements, securing funding, and settling into life and work in the UK.

Key topics discussed included criteria for choosing the right university, the UK Masters application timeline, visa and financial planning, adapting to a new academic system, and building a career in specialised areas such as sports physiotherapy. Dr. Asutosh also spoke about his experience working with Notts County FC, offering students a rare glimpse into the world of professional sports physiotherapy.

Students actively engaged with the speaker, asking questions related to university selection, entrance requirements, cost of living, and career prospects after completing a UK Masters degree.

The session successfully bridged the gap between academic learning and real-world international opportunities. It motivated students to explore global career pathways and encouraged them to plan confidently for postgraduate education abroad.

Aligned with the United Nations Sustainable Development Goals, the session effectively supported **SDG 4 – Quality Education** through structured guidance on higher education planning.

Overall, the session served as an inspiring and informative platform, motivating students to pursue global academic and professional opportunities in physiotherapy with clarity and confidence.





## 5. Photographs



Photograph 1 – online session by Dr. Ashutosh



Photograph 2 – Our students were asking doubts to Dr. Ashutosh



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## 6. Brochure of the event



### ALUMNI CONNECT 2026

**10/03/2026 | Online mode**

**TOPIC - "How to choose the right University and When to Start applying for them and Additional courses which will help you get Internships and Jobs in UK during your Masters"**



**Dr Asutosh P (PT)**  
Batch 2020-24 (BPT)  
Physiotherapist at Notts County FC  
Nottingham, United Kingdom



Seminar Hall, 2<sup>nd</sup> floor, COPT,  
Health Science Building, DSU,  
Harohalli, Bengaluru-562112

Principal and Faculty  
College of Physiotherapy

Event Coordinators  
Dr R Mukesh Kumar (PT) +91 96772 73370  
Dr Gayathri Poojary (PT) +91 91081 69985

Dean  
School of Health Sciences

SUPERCHARGING INDIA'S AI FUTURE WITH DSU  
INDIA'S AI-FIRST UNIVERSITY

## 7. Schedule of the Event

**Title:** Choosing the Right University & Planning for UK Masters





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**Date:** Tuesday, 10th March 2026 **Time:** 4:00 PM to 5:00 PM (IST)

**Target Audience:** Final Year BPT Students, Interns and Alumni

**Resource Persons:**

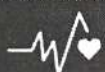
Dr. Asutosh P (PT), Physiotherapist, Notts County FC, United Kingdom

**Theme:** International Higher Education and Career Planning in Physiotherapy

**Location:** Online Webinar (Google Meet/Zoom) – College of Physiotherapy, School of Health Sciences, Dayananda Sagar University

| TIME              | EVENT NAME                                                                       |
|-------------------|----------------------------------------------------------------------------------|
| 2:00 PM – 2:10 PM | Welcome Address and Introduction of Resource Person                              |
| 2:10 PM – 3:40 PM | Session: Choosing the Right University & Planning for UK Masters (Dr. Asutosh P) |
| 3:40 PM – 3:50 PM | Interactive Discussion and Q&A                                                   |
| 3:50 PM – 4:00 PM | Vote of Thanks                                                                   |

3 GOOD HEALTH  
AND WELL-BEING



4 QUALITY  
EDUCATION





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### 8. Attendance of the Event.

Attendance has been attached with the coordinator's signature.

Signature of the Coordinator

IQAC cell

Principal

Principal  
College of Physiotherapy  
DAYANANDA SAGAR UNIVERSITY  
Devarakaggalahalli, Harohalli.  
Kanakapura Road, Ramanagar Dist.  
Karnataka-562 112

IQAC CELL  
COLLEGE OF PHYSIOTHERAPY  
DAYANANDA SAGAR UNIVERSITY



3 GOOD HEALTH  
AND WELL-BEING



4 QUALITY  
EDUCATION





# COLLEGE OF PHYSIOTHERAPY

Topic- How to Choose the Right University & Preparing for UK Opportunities

Date - 10-03-2026

| Sr. no | Name        | USN No.     | Batch   | Signature   |
|--------|-------------|-------------|---------|-------------|
| 01.    | ABHISHEK R  | HSC22PT0001 | YEAR IV | Abhishek.R  |
| 2.     | CHANDANA D  | HSC22PT0014 | IV      | Ch          |
| 3.     | ANUSHREE M  | HSC22PT0006 | IV      | Anu         |
| 4.     | ANUSHA S    | HSC22PT0005 | IV      | Anu         |
| 5      | Pallavi     | HSC22PT0008 | IV      | pall        |
| 6      | cyana       | HSC22PT0038 | IV      | cyana       |
| 07     | E.SAIPRIYA  | HSC22PT0007 | IV      | Saipriya    |
| 08     | ANUSHA N    | HSC22PT0004 | IV      | Anu N       |
| 09     | RAKSHITHA   | HSC22PT0001 | IV      | Rakshitha   |
| 10     | SINCHANA    | HSC22PT0009 | IV      | Sinchana    |
| 11     | NAYANA      | HSC22PT0036 | IV      | Nayana      |
| 12     | RAKSHI      | HSC22PT0042 | IV      | Rakshi      |
| 13     | MEHEK       | HSC22PT0018 | IV      | Mehek       |
| 14     | CHHAYA      | HSC22PT0015 | IV      | Chhaya      |
| 15     | PALAK       | HSC22PT0037 | IV      | Palak       |
| 16     | VAISHNAVI   | HSC22PT0024 | IV      | Vaishnavi   |
| 17     | TANYA       | HSC22PT0054 | IV      | Tanya       |
| 18     | SHRUPSHI    | HSC22PT0044 | IV      | Shrupshi    |
| 19     | Dheer       | HSC22PT0009 | IV      | Dheer       |
| 20     | Coushom     | HSC22PT0020 | IV      | Coushom     |
| 21     | Mallikarjun | HSC22PT0030 | IV      | Mallikarjun |
| 22     | Aparita S   | HSC22PT0007 | IV      | Aparita S   |
| 23     | Diyu        | HSC22PT0006 | IV      | Diyu        |
| 24     | Girish      | HSC22PT0009 | IV      | Girish      |
| 25     | PAULOMENA   | HSC22PT0039 | IV      | Paulomena   |

Program coordinator

Principal



**Date - 10-03-2026**

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**Program coordinator**

## Principal

23/3/2026



**Date - 10-03-2026**

**Program coordinator**

**Principal**



# COLLEGE OF PHYSIOTHERAPY

Topic- How to Choose the Right University & Preparing for UK Opportunities

Date - 10-03-2026

| Sr. no | Name            | USN No.     | Batch                | Signature          |
|--------|-----------------|-------------|----------------------|--------------------|
| 1      | Deeksha.K       | HSC23PT0045 | 3 <sup>rd</sup> Yr   | <i>[Signature]</i> |
| 2      | Bhavana Shri    | HSC23PT0038 | 3 <sup>rd</sup> Yr   | <i>[Signature]</i> |
| 3      | Vaishnavi SN    | HSC23PT0082 | 3 <sup>rd</sup> Yr   | <i>[Signature]</i> |
| 4      | Monisha         | HSC23PT0060 | 3 <sup>rd</sup> Yr   | <i>[Signature]</i> |
| 5      | Kanana S        | HSC23PT0011 | 3 <sup>rd</sup> Yr   | <i>[Signature]</i> |
| 6      | Bhoornika       | HSC23PT0040 | 3 <sup>rd</sup> Yr   | <i>[Signature]</i> |
| 7      | SriNidhi        | HSC23PT0077 | 3 <sup>rd</sup> Yr   | <i>[Signature]</i> |
| 8      | Meghana VP      | HSC23PT0058 | 3 <sup>rd</sup> Yr   | <i>[Signature]</i> |
| 9      | Susanna         | HSC23PT0078 | 3 <sup>rd</sup> Yr   | <i>[Signature]</i> |
| 10     | Trisha Jaiswal  | HSC23PT0080 | 3 <sup>rd</sup> Yr   | <i>[Signature]</i> |
| 11     | SANIBHA BASAN   | HSC23PT0072 | 3 <sup>rd</sup> Yr   | <i>[Signature]</i> |
| 12     | TRUPTHI S       | HSC23PT0081 | 3 <sup>rd</sup> Yr   | <i>[Signature]</i> |
| 13     | Sivani          | HSC23PT0074 | 3 <sup>rd</sup> Yr   | <i>[Signature]</i> |
| 14     | Vidhi           | HSC23PT0085 | 3 <sup>rd</sup> Year | <i>[Signature]</i> |
| 15     | Bhavya P        | HSC23PT0039 | 3 <sup>rd</sup> year | <i>[Signature]</i> |
| 16     | Isma            | HSC23PT0019 | 3 <sup>rd</sup> Year | <i>[Signature]</i> |
| 17     | Aishwarya       | HSC23PT0082 | 3 <sup>rd</sup> Year | <i>[Signature]</i> |
| 18     | Bhavya          | HSC23PT0039 | 3 <sup>rd</sup> Year | <i>[Signature]</i> |
| 19     | Aliya           | HSC23PT0035 | 3 <sup>rd</sup> Year | <i>[Signature]</i> |
| 20     | Rachana         | HSC23PT0017 | 3 <sup>rd</sup> Year | <i>[Signature]</i> |
| 21     | Sueya Suresh    | HSC23PT0079 | 3 <sup>rd</sup> Year | <i>[Signature]</i> |
| 22     | Vaishnavi Nimal | HSC23PT0083 | 3 <sup>rd</sup> Year | <i>[Signature]</i> |
| 23     | Rakshita Sarmya | HSC23PT0019 | 3 <sup>rd</sup> Year | <i>[Signature]</i> |
| 24     | Poojitha R      | HSC23PT0016 | 3 <sup>rd</sup> Year | <i>[Signature]</i> |
| 25     | Meghana.K       | HSC23PT0055 | 3 <sup>rd</sup> Year | <i>[Signature]</i> |
| 26     | Purnima J       | HSC23PT0015 | 3 <sup>rd</sup> Year | <i>[Signature]</i> |
| 27     | Poojitha.N      | HSC23PT0014 | 3 <sup>rd</sup> Year | <i>[Signature]</i> |
| 28     | Vaishna R       | HSC23PT0029 | 3 <sup>rd</sup> Year | <i>[Signature]</i> |

Program coordinator

Principal

*[Signature]*  
20/3/26

*[Signature]*  
25/3/2026



# COLLEGE OF PHYSIOTHERAPY

Topic- How to Choose the Right University & Preparing for UK Opportunities

Date - 10-03-2026

| Sr. no | Name                   | USN No.     | Batch                | Signature      |
|--------|------------------------|-------------|----------------------|----------------|
| 29     | Payston David          | HSC23PT0071 | 3 <sup>rd</sup> year |                |
| 30     | Rohit Singh            | HSC23PT0070 | "                    |                |
| 31     | RIVI POHENI            | HSC23PT0069 | "                    |                |
| 32     | Kevin Thomas Binu      | HSC23PT0056 | "                    |                |
| 33     | MOHAMMED ARBAZ         | HSC23PT0059 | 3 <sup>rd</sup> year | Mohammed Arbaz |
| 34     | Suraj. K               | HSC23PT0026 | 3 <sup>rd</sup> year |                |
| 35     | Sri Rakshith           | HSC23PT0025 | 3 <sup>rd</sup> year |                |
| 36     | Mallikarjun            | HSC23PT0012 | 3 <sup>rd</sup> year |                |
| 37     | Nandeesh               | HSC23PT0013 | 3 <sup>rd</sup> year |                |
| 38     | Emmanuel               | HSC23PT0049 | 3 <sup>rd</sup> year |                |
| 39     | Jayanthi R             | HSC23PT0054 | 3 <sup>rd</sup> year |                |
| 40     | Ahsana Bano            | HSC23PT0001 | 3 <sup>rd</sup> year |                |
| 41     | Aysha Siddiqui         | HSC23PT0001 | 3 <sup>rd</sup> year |                |
| 42     | Moiz. Yusuf. D. Khanna | HSC23PT0047 | 3 <sup>rd</sup> year |                |
| 43     | Krish Raj              | HSC23PT0057 | 3 <sup>rd</sup> year |                |
| 44     | Namrata Bhadani        | HSC23PT0062 | 3 <sup>rd</sup> year |                |
| 45     | Somni Joswanti         | HSC23PT0049 | 3 <sup>rd</sup> year |                |
| 46     | Rakshitha              | HSC23PT0018 | 3 <sup>rd</sup> year |                |
| 47     | Shree Rakshitha        | HSC23PT0022 | 3 <sup>rd</sup> year |                |
| 48     | Shilpa Shree           | HSC23PT0021 | 3 <sup>rd</sup> year |                |
| 49     | Veda. S                | HSC23PT0084 | 3 <sup>rd</sup> year |                |
| 50     | Spoorthi J             | HSC23PT0024 | 3 <sup>rd</sup> year |                |
| 51     | Sucha. P               | HSC23PT0023 | 3 <sup>rd</sup> year |                |
| 52     | Usha                   | HSC23PT0027 | 3 <sup>rd</sup> year |                |
| 53     | Soorya S Nair          | HSC23PT0075 | 3 <sup>rd</sup> year |                |
| 54     | Vishalini V            | HSC23PT0086 | 3 <sup>rd</sup> year |                |
| 55     | Deekshitha             | HSC23PT0046 | 3 <sup>rd</sup> year |                |

Program coordinator

Principal

23/3/2026

