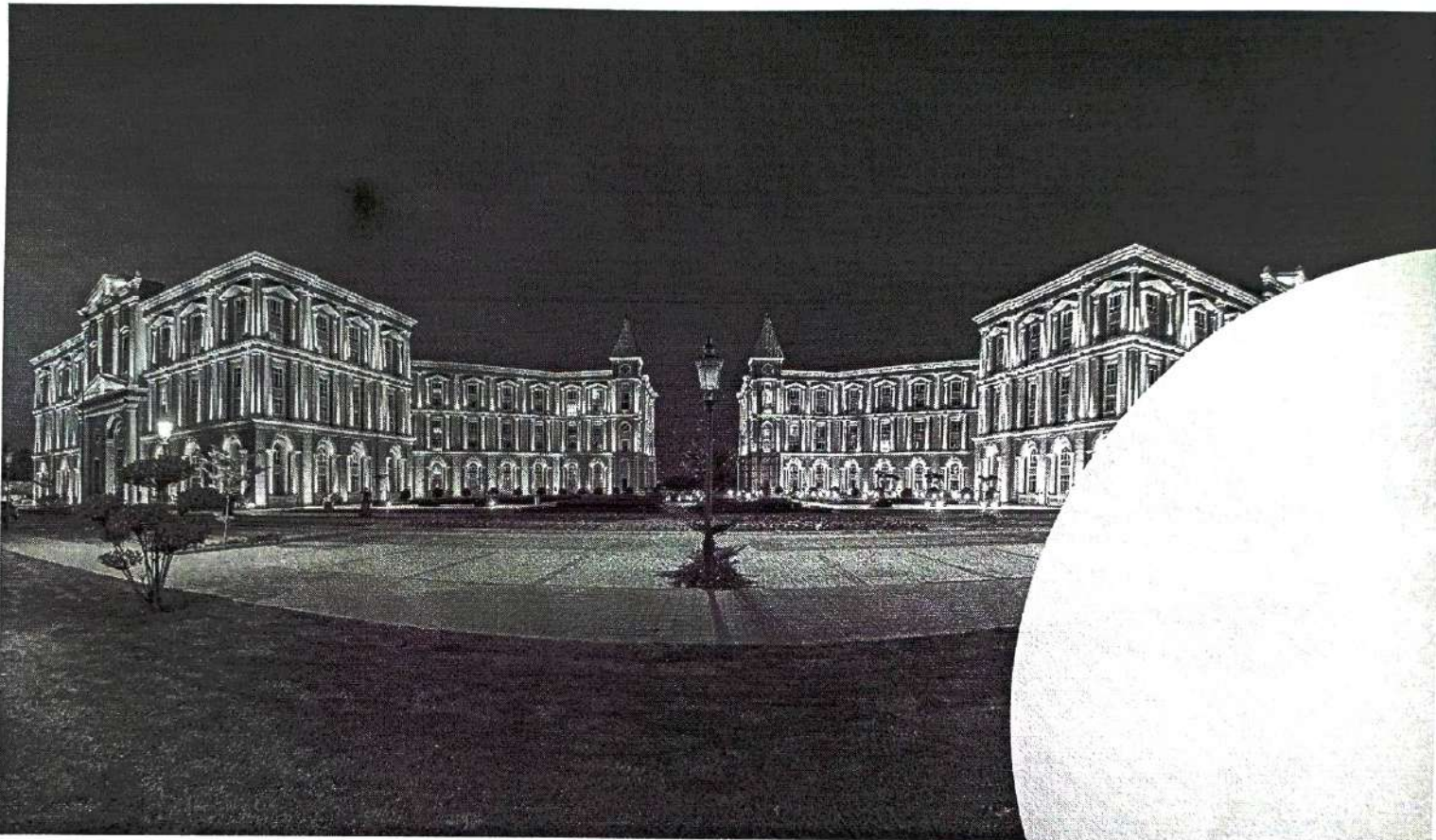




DAYANANDA SAGAR
UNIVERSITY



NAAC



ALUMINI CONNECT - 2026

DR SUMEETA DAVID (PT)

“BRIDGING THE GAP BETWEEN REHAB AND PERFORMANCE”

**COLLEGE OF PHYSIOTHERAPY,
SCHOOL OF HEALTH SCIENCES.**

DR GAYATHRI POOJARY (PT), DR R MUKESH KUMAR (PT)

Faculty Coordinator, College of Physiotherapy.

23/03/2026





INDEX

1. Introduction of the Event.
2. Objective of the Event.
3. Beneficiaries of the Event.
4. Brief Description of the event.
5. Photographs.
6. Brochure of the event.
7. Schedule of the Event.
8. Attendance of the Event.





1. Introduction of the Event

The College of Physiotherapy, under the School of Health Sciences, Dayananda Sagar University, organized an Alumni Lecture titled **“Laying Strong Foundations for a Successful Physiotherapy Career from Early Years of BPT”** on **23rd March 2026**. The session was delivered by **Dr. Sumeeta David (PT)**, Founder and Physiotherapist, All Peoples Physiotherapy, Bengaluru, and was attended by I and II Year BPT students.

The transition into the physiotherapy profession begins with the development of strong academic knowledge, professional values, communication skills, and clinical competencies during the early years of undergraduate education. Recognizing the importance of these formative years, the alumni lecture aimed to guide students on effectively utilizing their BPT journey to build a successful and fulfilling professional career.

The session focused on helping students understand the significance of foundational sciences, professional ethics, skill development, clinical exposure, and lifelong learning in shaping competent physiotherapists. Through personal experiences and professional insights, the speaker encouraged students to adopt a proactive approach toward their academic and professional growth from the beginning of their physiotherapy education.

The event was aligned with the United Nations Sustainable Development Goals (SDGs), particularly:

- **SDG 3: Good Health and Well-being** – by fostering awareness about the role of competent physiotherapists in improving healthcare outcomes.
- **SDG 4: Quality Education** – by promoting student learning, professional development, and academic excellence.

The lecture provided a valuable platform for students to gain clarity regarding their academic journey, professional responsibilities, and future career opportunities in physiotherapy.





2. Objective of the Event

- To guide students in building a strong academic and professional foundation during the early years of the BPT program.
- To create awareness regarding the knowledge, skills, and attitudes required for success in physiotherapy practice.
- To encourage students to actively participate in academic, clinical, and extracurricular learning opportunities.
- To enhance understanding of professional ethics, communication skills, and lifelong learning.
- To expose students to various career pathways and opportunities available within the physiotherapy profession.
- To motivate students to develop leadership qualities, critical thinking, and professional confidence.
- To support Sustainable Development Goals, particularly SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), SDG 8 (Decent Work and Economic Growth), and SDG 9 (Industry, Innovation and Infrastructure).

3. Beneficiaries of the Event

The Alumni Lecture significantly benefited I and II Year BPT students of the College of Physiotherapy, School of Health Sciences, Dayananda Sagar University. The session provided participants with valuable guidance regarding academic excellence, professional development, and long-term career planning, thereby enhancing their educational experience (**SDG 4 – Quality Education**).

Students gained a better understanding of the importance of strong foundational knowledge, clinical competence, ethical practice, and effective communication skills in becoming successful physiotherapy professionals. This contributed to the development of future healthcare providers capable of delivering quality patient care (**SDG 3 – Good Health and Well-being**).

The session also introduced participants to emerging career opportunities, professional growth pathways, and the importance of continuous skill development. This enhanced their awareness regarding future employability and professional success (**SDG 8 – Decent Work and Economic Growth**).





Furthermore, the speaker encouraged students to embrace innovation, adaptability, evidence-based practice, and lifelong learning to remain competent in an evolving healthcare environment (**SDG 9 – Industry, Innovation and Infrastructure**).

The interaction with a successful alumnus inspired students to remain focused on their academic journey while developing the confidence, leadership qualities, and professional mindset necessary for future success in physiotherapy.

4. Brief Description of the Event

The College of Physiotherapy, under the School of Health Sciences, Dayananda Sagar University, conducted an Alumni Lecture titled **“Laying Strong Foundations for a Successful Physiotherapy Career from Early Years of BPT”** on **23rd March 2026** in the Lecture Hall. The session was delivered by **Dr. Sumeeta David (PT)**, Founder and Physiotherapist, All Peoples Physiotherapy, Bengaluru, and was attended by I and II Year BPT students.

The lecture focused on the significance of utilizing the formative years of physiotherapy education to develop the knowledge, skills, attitudes, and professional values necessary for a successful healthcare career. Dr. Sumeeta David shared her personal academic and professional journey, highlighting key experiences, challenges, and lessons that contributed to her growth as a physiotherapist and entrepreneur.

Key areas discussed during the session included effective learning strategies, the importance of anatomy and foundational sciences, communication skills, professional ethics, clinical exposure, research involvement, and extracurricular engagement. The speaker emphasized that consistent effort, curiosity, adaptability, and lifelong learning are essential qualities for professional success.

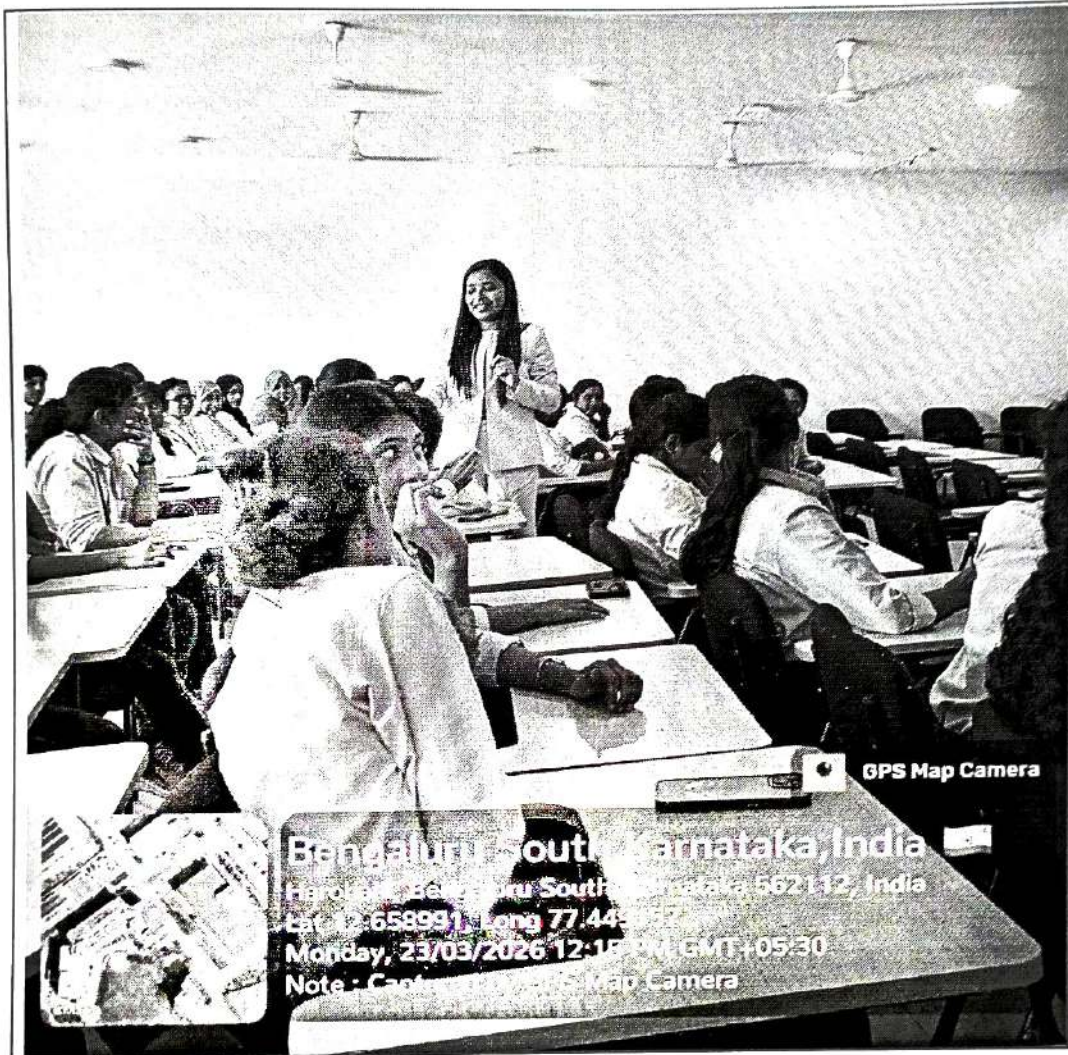
Students actively participated in discussions and interacted with the speaker to gain clarity regarding career planning, higher education opportunities, specialization pathways, and professional development. The session created a positive learning environment that encouraged students to take ownership of their educational journey and develop a vision for their future careers.

Aligned with the United Nations Sustainable Development Goals, the event effectively supported **SDG 3 – Good Health and Well-being** by promoting the development of competent healthcare professionals; **SDG 4 – Quality Education** through meaningful academic and professional learning experiences.

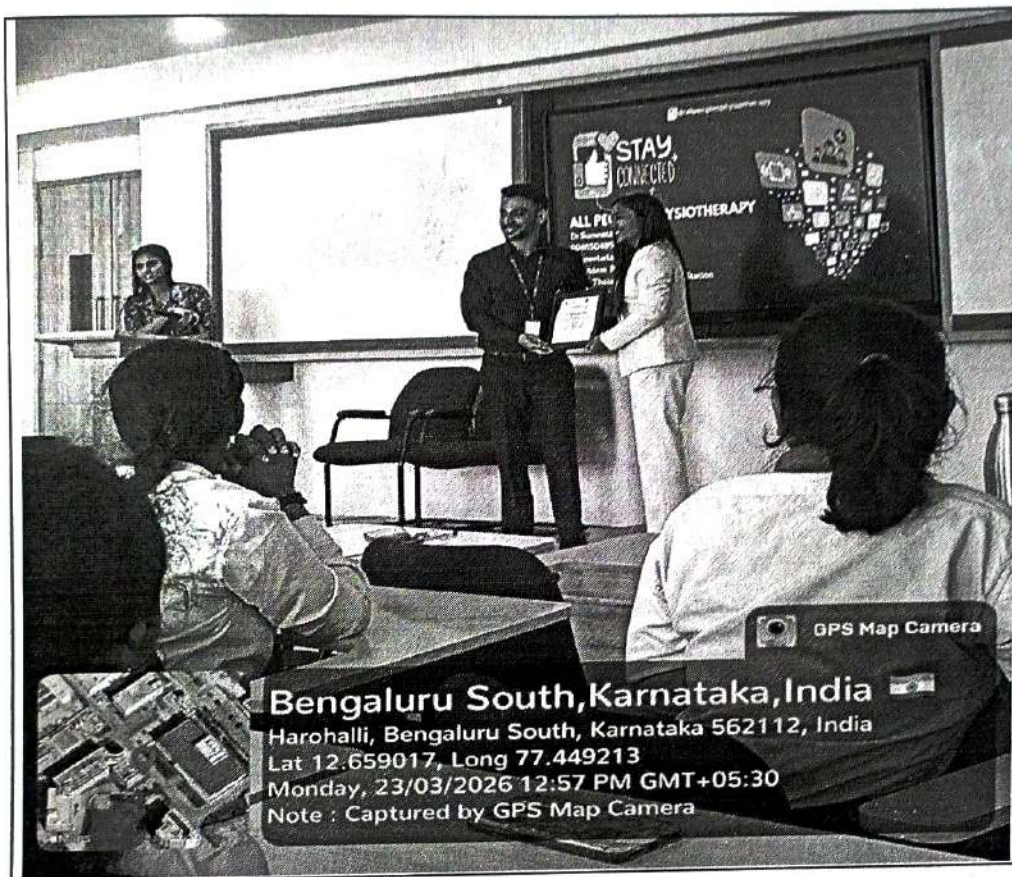




5. Photographs



Pic 1- Dr Sumeeta David delivering her lecture



Pic 2 - Dr Sumeeta David felicitated with certificate of Appreciation



DAYANANDA SAGAR
UNIVERSITY



NAAC

6. Brochure of the event



**COLLEGE OF
PHYSIOTHERAPY**
SCHOOL OF HEALTH SCIENCES



ALUMNI CONNECT 2026

23/03/2026 | Offline Mode

**TOPIC - "Laying Strong Foundations for a
Successful Physiotherapy career from early years
of BPT"**



Dr Sumeeta David (PT)
Batch 2019-2021 (MPT)
Founder and Physiotherapist
All Peoples Physiotherapy
Bengaluru



Seminar Hall, 2nd floor, COPT,
Health Science Building, DSU,
Harohalli, Bengaluru-562112

Event Coordinators
Dr R Mukesh Kumar (PT) +91 96772 73370
Dr Gayathri Poojary (PT) +91 91081 69985

Principal and Faculty
College of Physiotherapy

SUPERCHARGING INDIA'S AI FUTURE WITH DSU
INDIA'S AI-FIRST UNIVERSITY

Dean
School of Health Sciences

3 GOOD HEALTH
AND WELL-BEING



4 QUALITY
EDUCATION





7. Schedule of the Event

Title: Laying Strong Foundations for a Successful Physiotherapy Career from Early Years of BPT

Date: Monday, 23rd March 2026

Time: 10:00 AM to 12:30 PM

Theme: Building Professional Competencies, Clinical Skills, and Career Readiness from the Early Years of Physiotherapy Education

Location: Lecture Hall, College of Physiotherapy, School of Health Sciences, Dayananda Sagar University, Harohalli Campus, Kanakapura Road, Bengaluru – 562112

TIME	EVENT NAME
10:00 AM – 10:10 AM	Welcome Address and Introduction of the Speaker
10:10 AM – 11:00 AM	Understanding the Physiotherapy Profession and Career Opportunities
11:00 AM – 11:45 AM	Essential Skills, Clinical Competencies, and Professional Development During BPT
11:45 AM – 12:15 PM	Interactive Discussion: Building a Strong Foundation for Future Success
12:15 PM – 12:25 PM	Question and Answer Session
12:25 PM – 12:30 PM	Vote of Thanks and Felicitation of the Speaker



DAYANANDA SAGAR
UNIVERSITY



NAAC

Title: *TRIKONA – Art, Awareness & Advancement in Yoga*

Date: Monday, 23rd June 2025

Time: 9:00 AM to 1:15 PM

Theme: Integration of Yoga, Art, and Science for Holistic Health and Wellness

Location: Health Sciences Building, College of Physiotherapy,

Dayananda Sagar University, Harohalli Campus, Kanakapura Road, Bengaluru – 562112

TIME	EVENT NAME
09:30 AM – 10:15 AM	Samanvaya: Harmony of Yoga and Dance
10:30 AM – 11:15 AM	Wellness on Paper
11:30 AM – 01:00 PM	YogXplore: Seminar on Yoga in Rehabilitation





DAYANANDA SAGAR
UNIVERSITY



NAAC

8. Attendance of the Event.

Attendance has been attached with the coordinator's signature.

Signature of the Coordinator

IQAC cell

Principal signature

Principal
College of Physiotherapy
DAYANANDA SAGAR UNIVERSITY
Devarakaggalahalli, Harohalli
Kanakapura Road, Ramanagar Dist.
Karnataka-562 112





Date - 23-03-2026

[illegible]

Program coordinator

Principal

26/3/2024



COLLEGE OF PHYSIOTHERAPY

Topic- Laying strong foundation during early years of BPT

Date - 23-03-2026

Sr. no	Name	USN No.	Batch	Signature
1	Joshika	HSC24PT0011	2nd year	Joshika
2.	Tson	HSC24PT0108	2nd year	Tson
3	Prassu	HSC24PT0087	2nd year	Prassu
4	ANSON	HSC24PT0047	2nd year	Anson
5.	CHRISTINA	HSC24PT0057	2nd year	Christina
6.	SHANE STANLEY	HSC24PT0101	2nd Year	Shane Stanley
7	MUHAMMAD MUNIR	HSC 24 PT0081	2nd year	Munir
8	Ruby fatima	HSC24PT0095	2nd year	Ruby
9	Lokam	HSC24PT0073	2nd year	Lokam
10	Bibiana	HSC24PT0055	2nd year	Bibiana
11	Dhriti	HSC24PT0058	2nd Year	Dhriti
12	Sahana .S	HSC24PT0097	2nd Year	Sahana
13	Aishwarya .M	HSC24PT0044	2nd year	Aishwarya
14.	Jackson Mary .A	HSC24PT0027	2nd Year	Jackson Mary
15.	Upala Mithy	HSC24PT0109	2nd year	Upala
16.	Suhani Pandey	HSC24PT0105	2nd Year	Suhani
17	Dayad wakeel	HSC24PT0041	2nd year	Dayad
18	Kanhya Jha	HSC24PT0064	2nd year	Kanhya
19	Dyush Kumar	HSC24PT0050	2nd Year	Dyush
20	Avinash Raj	HSC24PT0049	2nd Year	Avinash

Program coordinator

Principal

9. Lathya
26/3/2026



COLLEGE OF PHYSIOTHERAPY

Topic- Laying strong foundation during early years of BPT
Date - 23-03-2026

Sr. no	Name	USN No.	Batch	Signature
1	Tanmay Raj	HSC24PT0102		Tanmay
2	Soori	HSC24PT0029	2nd year	Soori
3	Lakshmi Raj	HSC24PT0014	2nd year	Lakshmi
4	Rhosmika	HSC24PT0003	2nd year	Rhosmika
5	Mounika G.K	HSC24PT0018	2nd year	Mounika G.K
6	G.K Architha	HSC24PT0006	2nd year	G.K Architha
7	Monika S	HSC24PT0079	2nd year	Monika S
8	Arathi Y.C	HSC23PT0003	2nd year	Arathi Y.C
9	Phea	HSC24PT0093	2nd year	Phea
10	Niharika	HSC24PT0021	2nd year	Niharika
11	Sandhya	HSC24PT0099	2nd year	Sandhya
12	Disha D	HSC24PT0059	2nd year	Disha D
13	Bhuvaneshwari	HSC24PT0034	2nd year	Bhuvaneshwari
14	Sanika D	HSC24PT0100	2nd year	Sanika D
15	Chennmayi	HSC24PT0056	2nd year	Chennmayi
16	Sneha K	HSC24PT0102	2nd year	Sneha K
17	Peracthara	HSC24PT0022	2nd year	Peracthara
18	Samiksha	HSC24PT0098	2nd year	Samiksha
19	Ekshika	HSC24PT0005	2nd year	Ekshika
20	Azra Fatima	HSC24PT0051	2nd year	Azra
21	Neha K.	HSC23PT0063	2nd year	Neha K.

Program coordinator

Principal 26/3/2024



Date - 23-03-2026

[illegible]

Program coordinator

Principal



COLLEGE OF PHYSIOTHERAPY

Topic- Laying strong foundation during early years of BPT
Date - 23-03-2026

Sr. no	Name	USN No.	Batch	Signature
①	Kekhaniew.C	HSC25PT0080	1 st Year	Kid
②	Swampa.C	HSC25PT0134	1 st year	SPM
3	Judah Samuels	HSC24PT0063	2 nd year	Judah
4	Keerthana.G	HSC24PT0066	2 nd year	Keerthana
5	BRUNDA.M	HSC24PT0035	2 nd year	Brunda
6	Dolly R	HSC24PT0071	2 nd year	Dolly
7	Lekhana	HSC24PT0070	BPT 2nd yrs	Lekha
8	Kanyashree	HSC24PT0065	BPT 2nd yrs	Kanya
9	Rakshitha	HSC24PT0061	BPT 2nd yrs	Rakshitha
10	Urmila R	HSC24PT0110	BPT 2nd year	Urmila
11	Ronish	HSC24PT0069	"	Ronish
12	Burhan	HSC23PT0049	"	Burhan
13	Gautam	HSC23PT0050	"	Gautam
14	Zaid	HSC24PT0017	"	Zaid
15	Neel	HSC24PT0084	"	Neel
16	Namini	HSC23PT0061	"	Namini
17	Zoya	HSC23PT0037	"	Zoya
18	Ashish	HSC23PT0031	"	Ashish
19	Nalankumari	HSC24PT0020	"	Nalankumari
20	Gurukiran.D	HSC24PT0009	"	Gurukiran
21	Dallavi.S	HSC24PT0086	BPT 2 nd yr	Dallavi
22	Nuguraj	HSC24PT0019	"	Nuguraj
23	Manjesh	HSC24PT0075	LC	Manjesh
24	Benjamin	HSC24PT0051	LC	Benjamin
25	Ranjan	HSC24PT0024	LC	Ranjan

Program coordinator

Principal