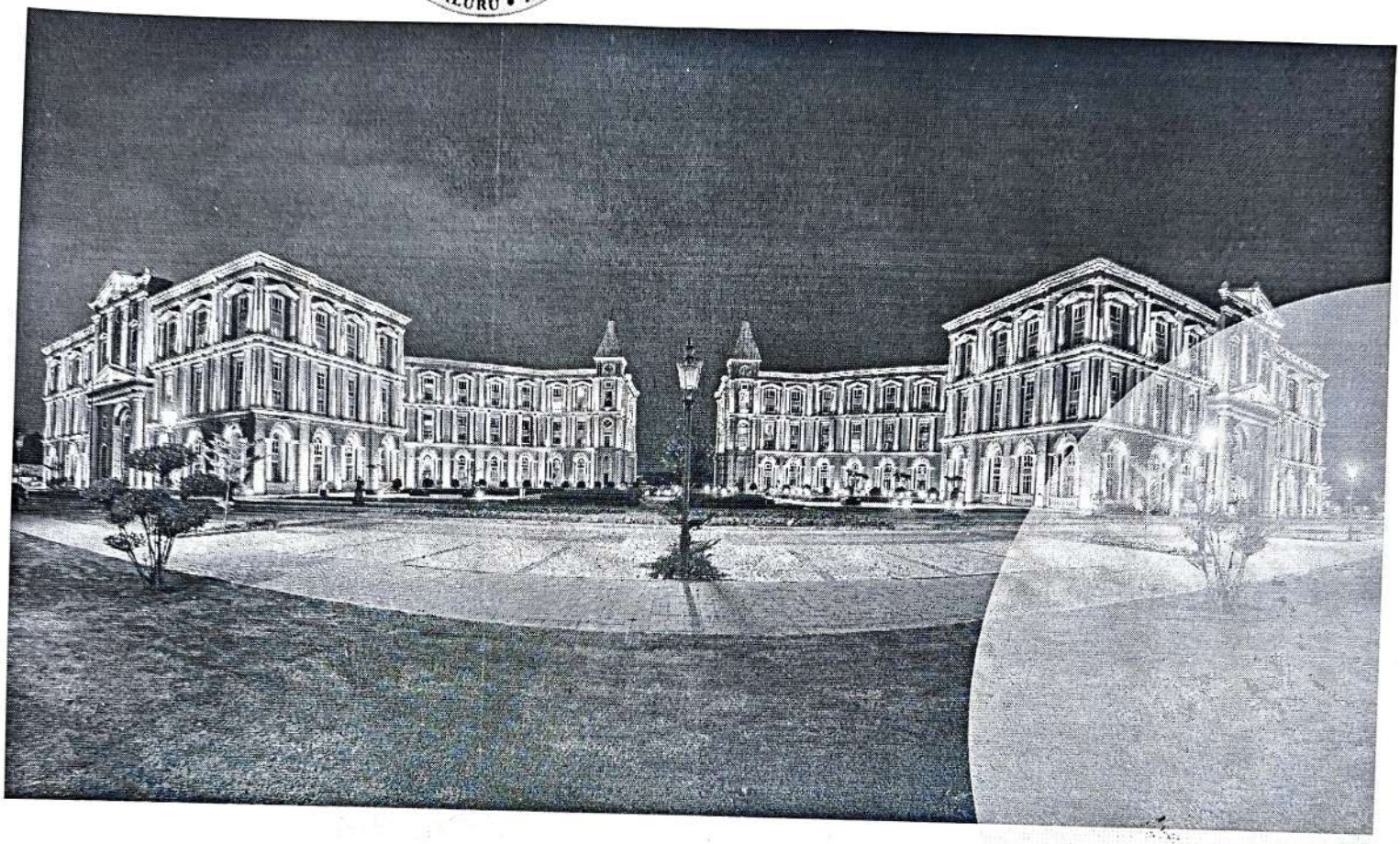
DAYANANDA SAGAR UNIVERSITY



Field Visit to Movementology Clinic

(Academic Field Visit)

COLEGE OF PHYSIOTHERAPY – SCHOOL OF HEALTH SCIENCES

Date of Event (20/08/2026)

Dr. Eluri Mani Sandhya Devi (PT); Dr. Pramod Kashyap C (PT); Dr. Vimarsha Nayak (PT)

IQAC CELL
COLLEGE OF PHYSIOTHERAPY
DAYANANDA SAGAR UNIVERSITY

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COLLEGE OF PHYSIOTHERAPY
HAROHALLI
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BAHANNADA SAGAR UNIVERSITY



1. Introduction of the Event

An academic field visit to **Padmanabhan's Movementology Clinic, HSR Layout, Bengaluru**, was organised for the 2nd Year MPT students specialising in Musculoskeletal and Sports Physiotherapy. The visit provided students with an opportunity to observe the practical application of advanced movement analysis, rehabilitation technologies and sports physiotherapy approaches in a clinical setting. Students were exposed to technologies such as the **zero-gravity treadmill and focused shockwave therapy**, along with other rehabilitation approaches followed at the clinic. The visit supported experiential learning and strengthened the connection between classroom-based knowledge and contemporary clinical practice, aligning with **SDG 4: Quality Education** and **SDG 9: Industry, Innovation and Infrastructure**.

2. Objective of the Event

The field visit was organised with the following objectives:

1. To provide students with **first-hand exposure to contemporary physiotherapy and rehabilitation practices** in a specialised clinical setting.
2. To familiarise students with the **clinical application of advanced rehabilitation technologies**, including the zero-gravity treadmill and focused shockwave therapy.
3. To enhance students' understanding of **gait, movement pattern and biomechanical analysis** used in rehabilitation.
4. To understand the clinical reasoning involved in selecting appropriate **assessment and rehabilitation approaches** for different musculoskeletal and sports-related conditions.
5. To expose students to **sports injury prevention and rehabilitation strategies** followed in clinical practice.
6. To bridge the gap between **theoretical learning and practical clinical application** through experiential observation and interaction with professionals.

3. Beneficiaries of the Event

The primary beneficiaries of the field visit were the **2nd Year MPT students specialising in Musculoskeletal and Sports Physiotherapy** from the College of Physiotherapy, School of Health Sciences, Dayananda Sagar University.

The visit enabled students to gain practical exposure to contemporary rehabilitation technologies and clinical approaches that complement their postgraduate academic training. It enhanced their





understanding of movement analysis, rehabilitation planning, sports injury management and technology-assisted physiotherapy.

The field exposure also supported the university's emphasis on **quality education, experiential learning, innovation and industry/clinical interface**, thereby contributing to the development of clinically competent and practice-oriented physiotherapy professionals.

4. Brief Description of the event

An academic field visit was organised by the **College of Physiotherapy, School of Health Sciences, Dayananda Sagar University**, for the 2nd Year MPT students specialising in Musculoskeletal and Sports Physiotherapy. The visit was conducted on **20th August 2026 at 11:00 AM onwards** at **Padmanabhan's Movementology Clinic, HSR Layout, Bengaluru.**

The visit aimed to provide students with meaningful exposure to the practical application of contemporary physiotherapy and rehabilitation approaches in a specialised clinical environment. The students were introduced to the clinic's approach towards movement assessment, rehabilitation and sports injury management.

A major highlight of the visit was the demonstration and explanation of the **zero-gravity treadmill**, which provided students with an understanding of how body-weight-supported treadmill training can be incorporated into rehabilitation and gait-related interventions. Students also gained exposure to **focused shockwave therapy**, including its clinical application as part of rehabilitation management.

In addition to these technologies, the students observed and discussed various rehabilitation approaches followed at the clinic, with emphasis on **gait and movement pattern analysis, biomechanical assessment, rehabilitation planning and sports injury prevention**. The clinical exposure allowed students to appreciate how assessment findings can be translated into individualised rehabilitation strategies.

The interaction between students and the clinical team provided an opportunity to understand the importance of clinical reasoning, appropriate technology selection and evidence-informed rehabilitation. The visit helped students relate their postgraduate theoretical knowledge to real-world clinical practice and encouraged them to explore contemporary developments in musculoskeletal and sports physiotherapy.

Overall, the field visit served as an effective **experiential learning activity**, providing students with practical insights into modern rehabilitation technology and movement-based clinical practice.





5. Photographs





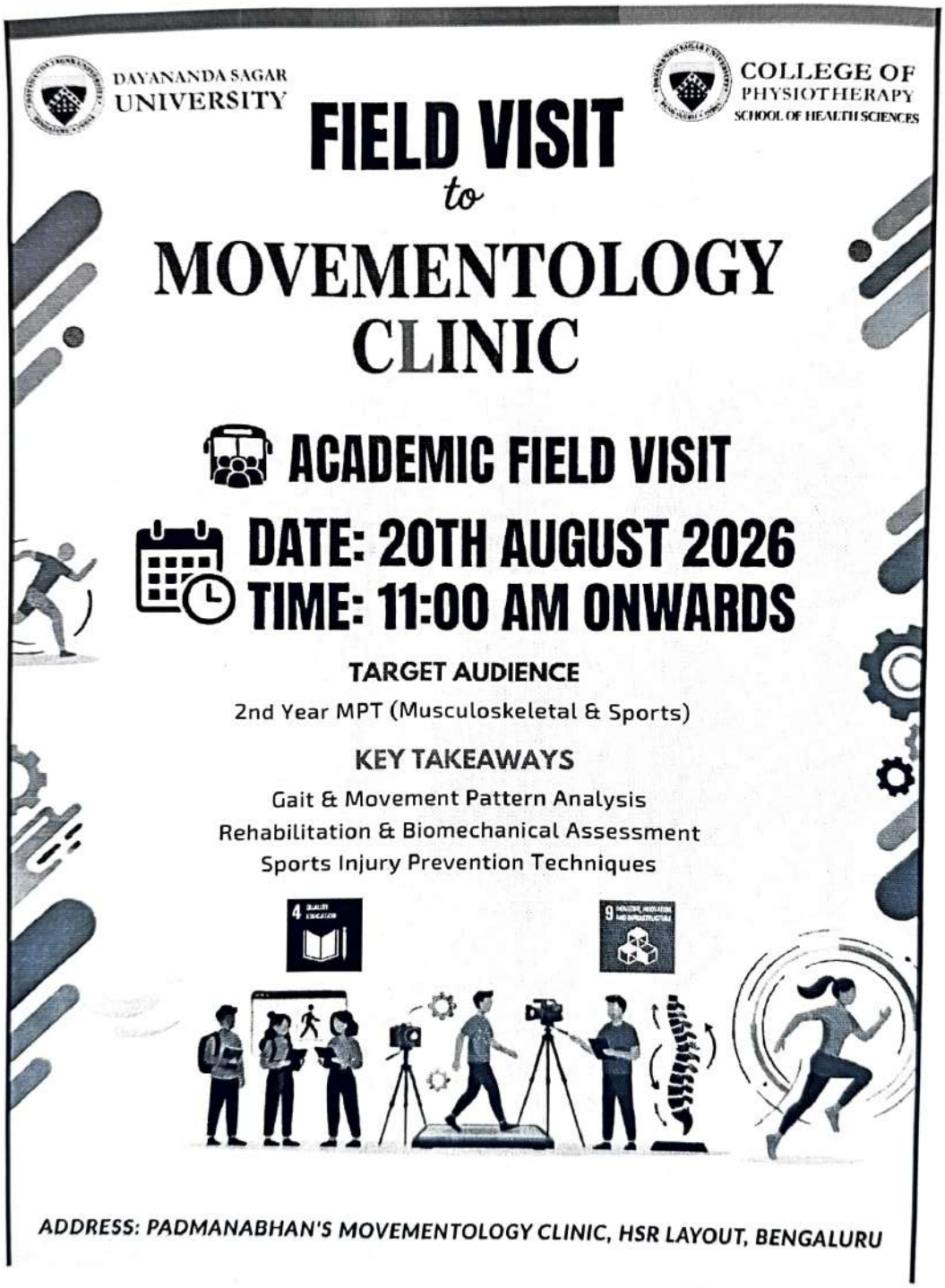
4 QUALITY EDUCATION

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE


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6. Brochure or creative of the event



8. Attendance of the Event

The field visit was attended by 2nd Year MPT students specialising in Musculoskeletal and Sports Physiotherapy, along with faculty members from the College of Physiotherapy, School of Health Sciences, Dayananda Sagar University.

Sl. No.	Names	USN
1.	Shambhavi Kulkarni	HSC25MSS020
2.	Varsha B S	HSC25MSS024
3.	Pasumarthy Sharvani Chandralekha	HSC25MSS014
4.	Ashwini Patil	HSC25MSS013
5.	Pavani H	HSC25MSS015
6.	Ruchita Asnotkar	HSC25MSS018
7.	Rochelle Fernandes	HSC25MSS017
8.	Somanagoud N Biradar	HSC25MSS021
9.	Rahul K	HSC25MSS016
10.	Aditi Sashi	HSC25MSS012
Sl. No.	**Names**	**Employee ID**
1.	Dr. Vimarsha Nayak	093384
2.	Dr. Pramod Kashyap C	093813

24/9/26

Signature of the Coordinator

24/9/2026

Seal and Signature of the Head of Department with date

MAC CELL
COLLEGE OF PHYSIOTHERAPY
DAYANANDA SAGAR UNIVERSITY

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