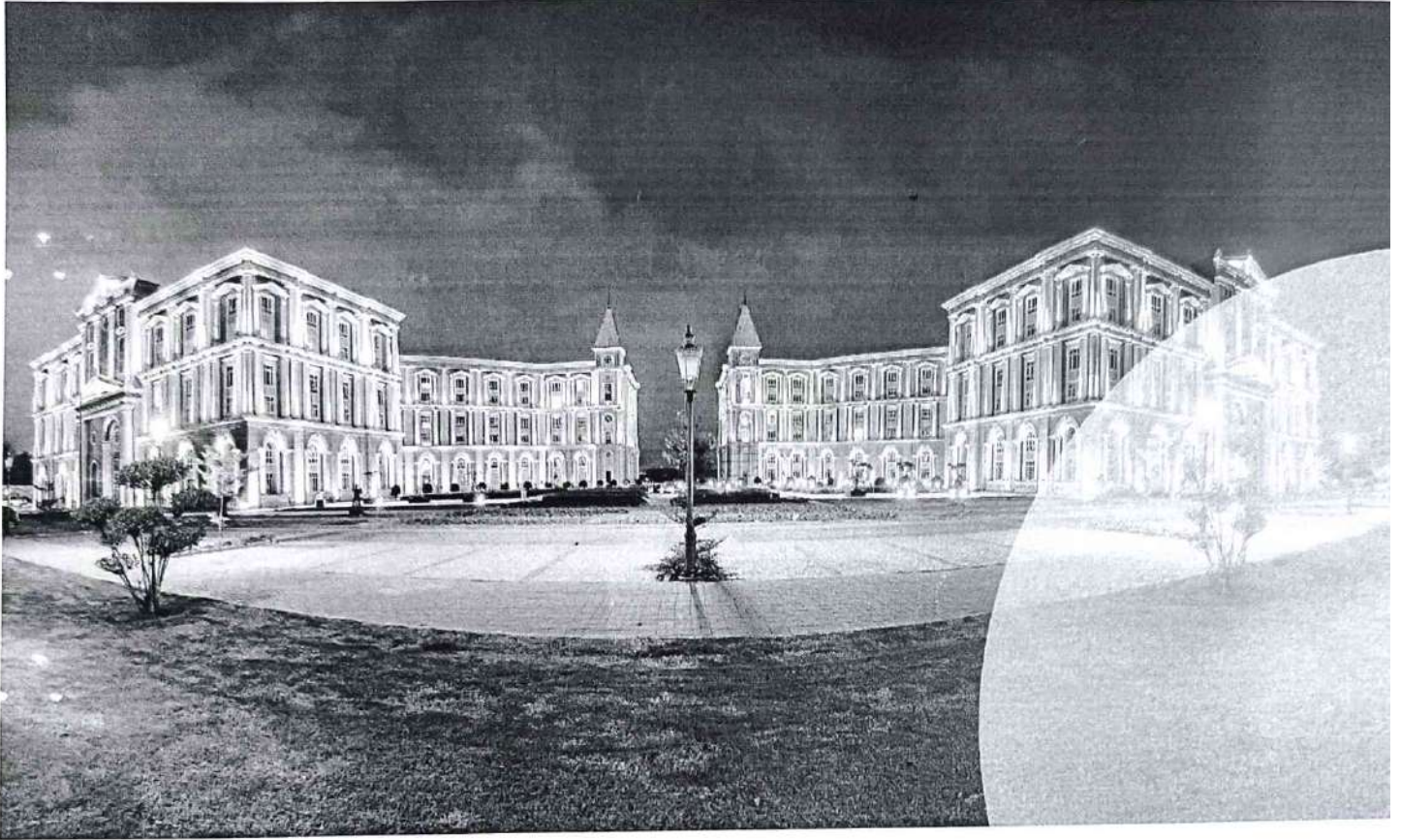




DAYANANDA SAGAR
UNIVERSITY



Principles and Practices of Physiotherapy Rehabilitation in Oncological Conditions

[A 2-Day Hands-on Workshop]

COLLEGE OF PHYSIOTHERAPY,
SCHOOL OF HEALTH SCIENCES

Event Coordinators: Dr. Srihari Sharma K N (PT),
Dr. Kanchan P. Sugandhi (PT), Dr. Jagruthi N S (PT)

Date of Event: 17/02/2026 & 18/02/2026





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7. Brochure or creative of the event
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1. Introduction of the Event

The workshop was organized as a hands-on training workshop, focusing on bridging theoretical knowledge with clinical application in cancer rehabilitation. It was structured and framework-based approach introducing core assessment principles, commonly used outcome measures, and evidence-informed physiotherapy interventions. It focused on different choices of Cancer treatment and its effect and association with physiotherapy approaches. It included supervised practical training of various functional scales as well as in-person case discussion with CA Breast patient.

2. Objective of the Event

The objectives of this workshop included –

1. Understand cancer burden and basic cancer concepts.
2. Describe effects of cancer and its treatments on body function and participation
3. Outline the role of physiotherapy across different phases of the cancer care continuum.
4. Apply a structured assessment approach appropriate for individuals with cancer.
5. Identify common impairments, precautions, and safety considerations in oncology physiotherapy.
6. Plan simple, phase-appropriate physiotherapy interventions guided by clinical reasoning.
7. Approach common cancer cases with clarity and confidence in routine practice.

3. Beneficiaries of the Event

The event targeted BPT (Bachelor of Physiotherapy) and MPT (Master of Physiotherapy) students, providing them with practical exposure to oncology rehabilitation techniques suitable for future clinical practice. This workshop helped them understand empathy towards patient care, community aspects of rehabilitation and ethical considerations.

4. Details of the Guests

The workshop was delivered by Dr. Sundar Kumar Veluswamy, PT, PhD. He is currently working as an Associate professor in M. S. Ramaiah College of Physiotherapy, M S Ramaiah University of Applied Sciences, Bengaluru. His extensive clinical experience and oncological physiotherapy expertise enriched our participants with scope and importance of physiotherapy in cancer care.

5. Brief Description of the event





This two-day introductory training is designed for undergraduate and postgraduate physiotherapy students with limited prior exposure to cancer care. The program provides a clinically relevant overview of cancer, its treatments, and their functional implications, with an emphasis on the role of physiotherapy across the cancer care continuum. Using a structured, framework-based approach, the course introduces core assessment principles, commonly used outcome measures, and evidence-informed physiotherapy interventions appropriate to oncology settings. The program is delivered through a combination of focused lectures, supervised practical sessions, discussions and case-based analysis to support the development of foundational competencies for physiotherapy practice in oncology.

6. Photographs (3 to 5 max all aligned– with geo tagging)

3 to 5 geotagged photographs of the event or screenshots of the event (if online) with captions

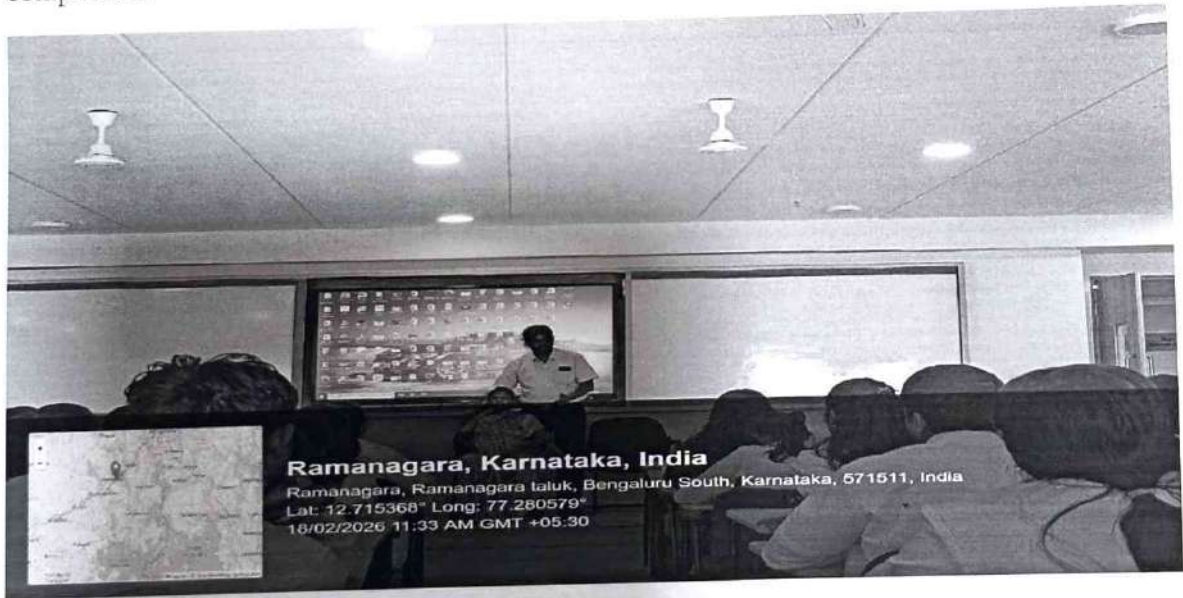


Pic 1: Welcoming of Resource Person – Dr. Sundar KV at the Inaugural ceremony of workshop

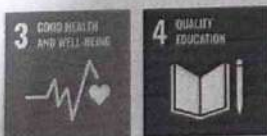




Pic 2: Group activity where participants answered online quiz following module content completion.

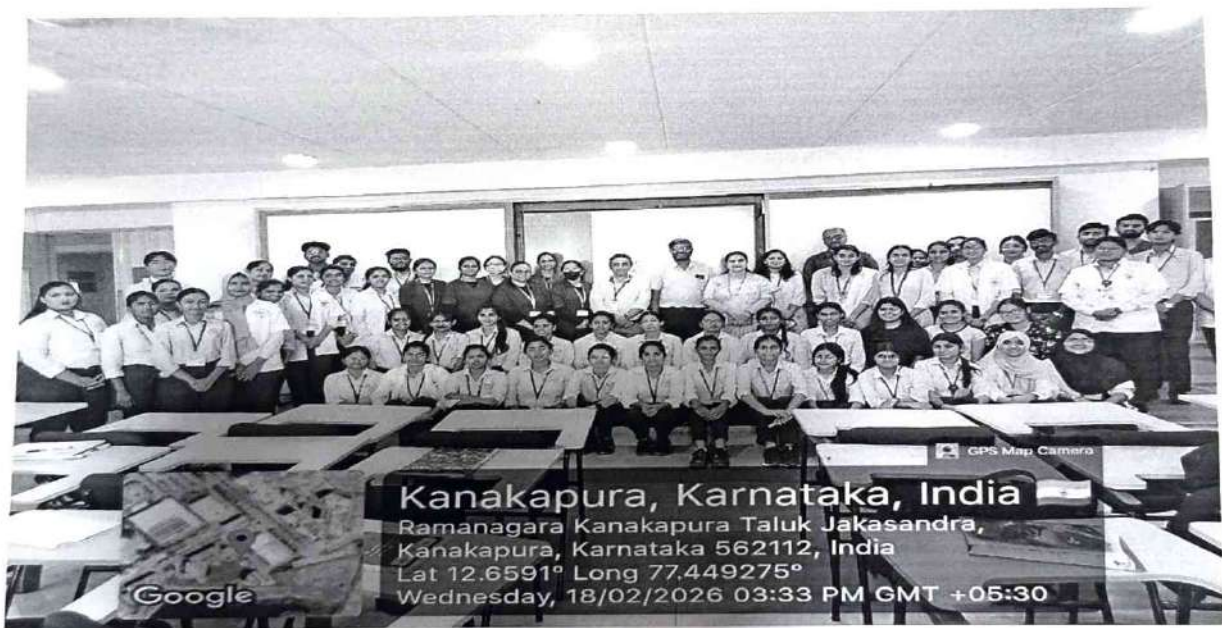


Pic 3: Dr. Sundar explaining thorough patient's assessment and management via hands-on session.





Pic 4: Practical based module for participants to enhance their assessing skills.




Pic 5: Group photo of Resource Person, Event Coordinators and participants following workshop's closing ceremony.







7. Brochure or creative of the event




**COLLEGE OF
PHYSIOTHERAPY**
SCHOOL OF HEALTH SCIENCES





3 GOOD HEALTH
AND WELL-BEING



4 QUALITY
EDUCATION

**A Two Day Hands-On Workshop On
PRINCIPLES AND PRACTICES
OF PHYSIOTHERAPY REHABILITATION
IN ONCOLOGICAL CONDITIONS**


———— 17/02/2026 & 18/02/2026 ————

9:00 AM – 4:00 PM


At

COPT, Seminar Hall, 2nd Floor, COPT, SHS building, Dayananda Sagar University, Main Campus, Harohalli, Bengaluru South Dt., Karnataka 562112

Resource Person



Dr. Sundar Kumar Veluswamy, PT, Ph. D
Associate Professor, M. S. Ramaiah College of Physiotherapy,
M. S. Ramaiah University of Applied Sciences, Bengaluru



Scan to Register
Limited Seats Only

Principal and Staff
College of Physiotherapy

Dean
School of Health Sciences

Principal and Staff
College of Physiotherapy

8. Schedule of the Event

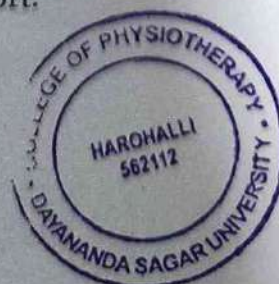




S. No.	Date and Day	Timing	Itinerary	Staff
1.	17/02/26 Tuesday (Day 1)	09:00 – 09:30	Registration	Dr. Srihari
		09:30 – 10:15	Introduction, Pre-Test, Cancer burden	Dr. Sundar
		10:15 – 10:45	Inauguration	Dr. Kanchan
		10:45 – 11: 15	Exercise and Interaction Break	
		11:15 – 12:00	Understanding Cancer and its Treatment	Dr. Sundar
		12:00 – 01:00	Physiotherapy in cancer care – Role and Assessment Framework	Dr. Sundar
		01:00 – 02:00	Lunch	
		02:00 – 03:30	Physiotherapy Assessment - Lab	Dr. Sundar
		03:30 – 04:15	Physiotherapy Intervention Principles	Dr. Sundar
2.	18/02/2026 Wednesday (Day 2)	09:00 – 09:45	Physiotherapy Interventions – Current Guidelines and Evidence	Dr. Sundar
		09:45 – 10:30	Special Considerations in Common Cancers	Dr. Sundar
		10:30 – 11: 00	Exercise and Interaction Break	
		11:00 – 01:00	Case Discussions	Dr. Sundar
		01:00 – 02:00	Lunch	
		02:00 – 03:00	Case Discussions and Q&A Session	Dr. Sundar
		03:00 – 03:30	Post Test and Feedback	Dr. Sundar
		03:30 – 04:00	Valedictory	Dr. Jagruthi

9. Attendance of the Event

Participants list with their respective signatures (attendance) for 17th & 18th February 2026 is added at the end of report.





10. Feedback of the Event

Feedback of workshop is attached at the end of report.

11. Link of website- if uploaded on portal

This event is uploaded on DSU website, as given below –

<https://dsu.edu.in/physiotherapy/news-and-events-physiotherapy>

Signature of the Coordinator-

1. Dr. Srihari Sharma K N (PT)
2. Dr. Kanchan P. Sugandhi (PT)
3. Dr. Jagrruthi N S (PT)

20/02/2026
Kanchan P. Sugandhi
20/02/26

Seal and Signature of the Head of Department/Unit with date

P. Jethy
20/02/2026

Principal
College of Physiotherapy
DAYANANDA SAGAR UNIVERSITY
Devarakaggalahalli, Harohalli,
Kanakapura Road, Ramanagar Dist.
Karnataka-562 112

[Signature]

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