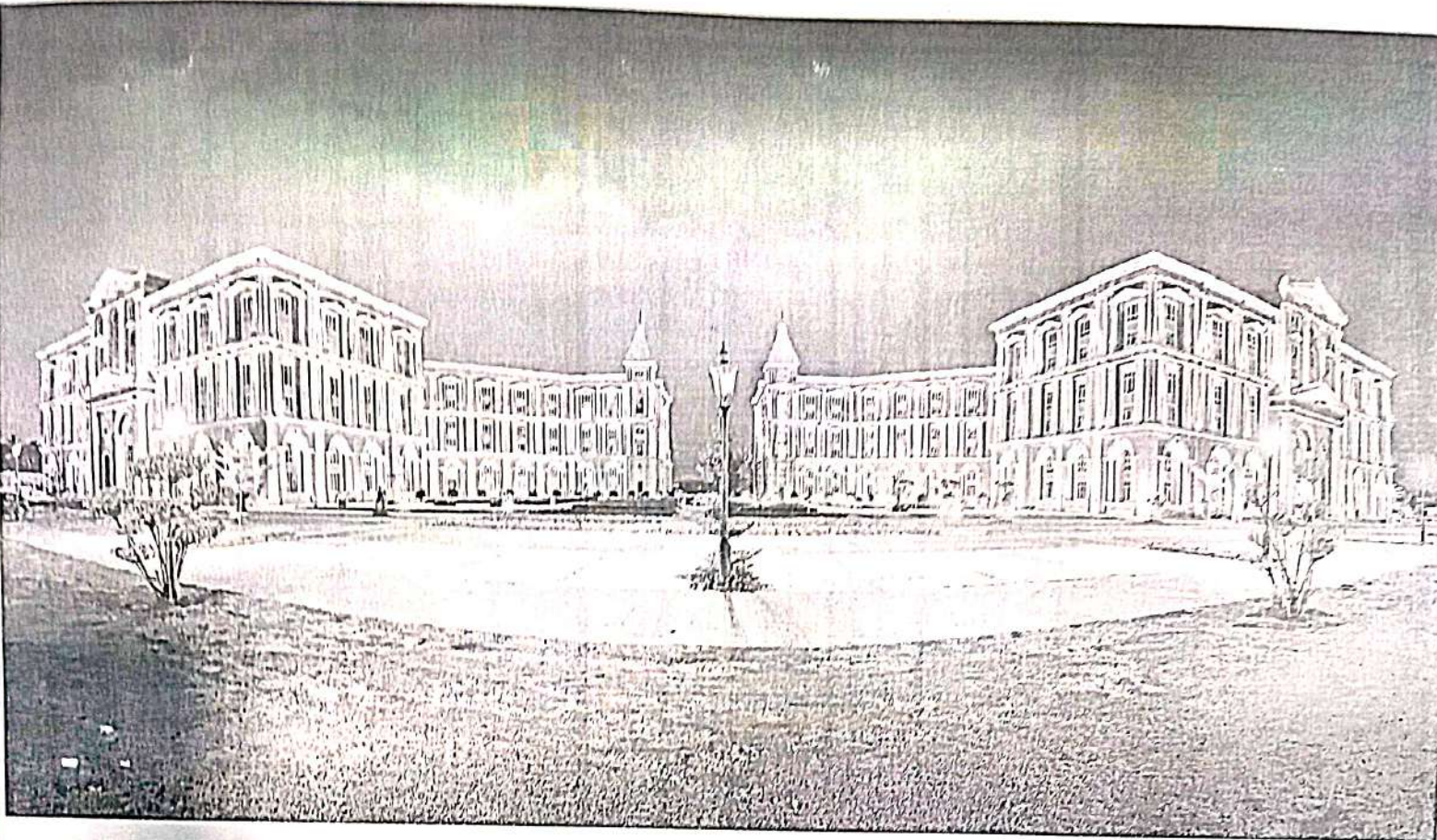




DAYANANDA SAGAR
UNIVERSITY



PLAY TO PROGRESS

Awareness talk and E-Poster Competition

Theme: "Play is Child's Work"

COORDINATORS OF EVENT:

Dr. Manasa K. R and Dr Mrudula K. P



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1. Introduction of the Event

Health awareness programs play a significant role in shaping future healthcare professionals and promoting preventive strategies in child development. The College of Physiotherapy, School of Health Sciences, Dayananda Sagar University (DSU), organized 'Play to Progress' on 11th February 2026.

The program began with an awareness talk titled 'Importance of Play in Child's Development – 'From Screens to Scenes,' highlighting the critical role of active play in cognitive, social, emotional, and physical development of children.

The event continued with an E-Poster Competition under the theme 'Play is Child's Work,' encouraging students to advocate for play as an essential component of healthy childhood development.

2. Objective of the Event

- To create awareness about the importance of play in holistic child development.
- Educating healthcare students on the developmental impact of reduced physical play and increased screen exposure.
- To promote the concept that play is essential developmental work for children.
- To encourage interdisciplinary participation from various health science colleges.
- To provide a platform for students to present evidence-based knowledge creatively through e-posters.

3. Beneficiaries of the Event

- Students from Physiotherapy, Nursing, and Medical Colleges across Karnataka.
- Participants who enhanced their understanding of developmental pediatrics.
- Faculty members and healthcare professionals advocating child health awareness.



- The larger community benefits from awareness about reducing screen time and promoting meaningful play.

4. Brief Description of the event

The event was conducted on 11th February 2026 at Dayananda Sagar University. The program commenced with an awareness talk on 'Importance of Play in Child's Development – From Screens to Scenes.'

The session emphasized:

- Neurodevelopmental benefits of play
- Risks of excessive screen exposure
- Importance of sensory, motor, and social play
- Role of healthcare professionals in advocating structured and unstructured play

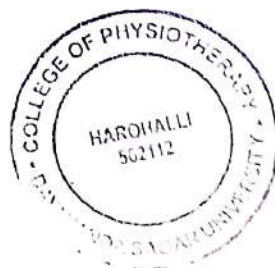
Following the talk, the E-Poster Competition was conducted under the theme 'Play is Child's Work.' The event witnessed over 110 registrations and more than 80 active participants from Physiotherapy, Nursing, and Medical Colleges across Karnataka.

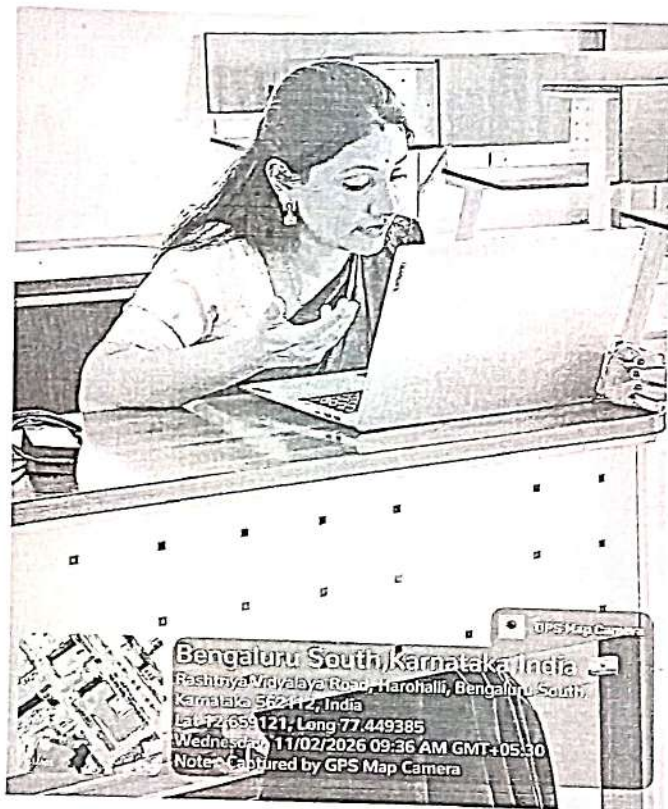
Participants showcased creativity, research insights, and innovative perspectives on child development through visually engaging and academically sound e-posters.

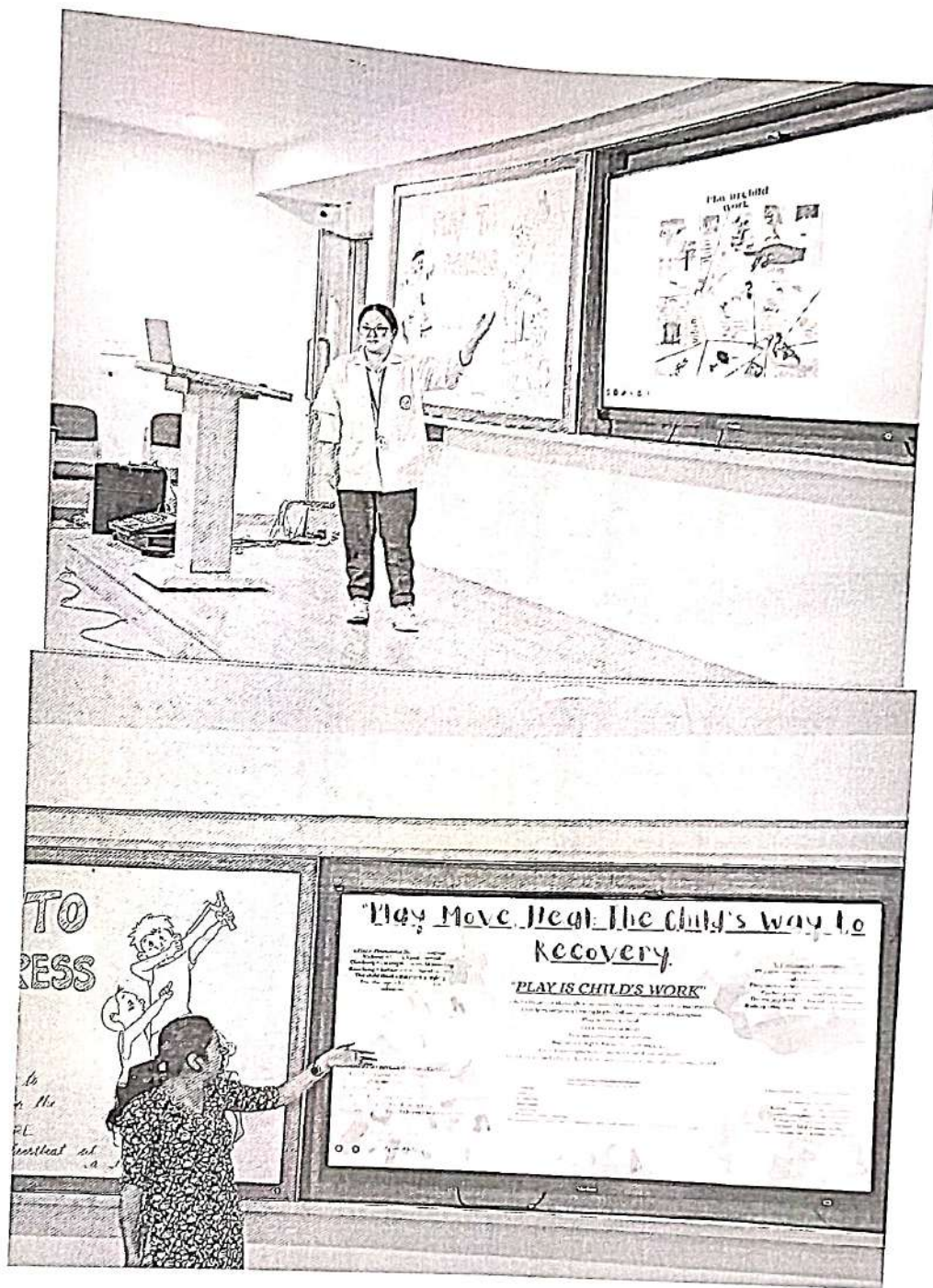
5. Photographs

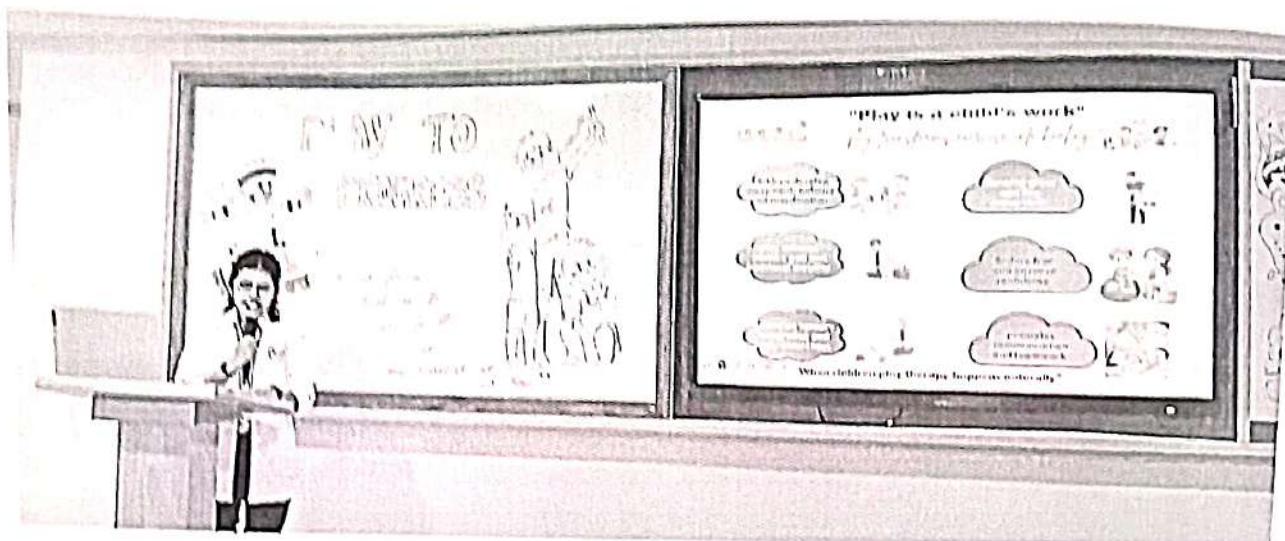
(To be attached separately – Awareness Talk, Poster Presentation, Jury Evaluation, Prize Distribution, Group Photograph)













6. Brochure or creative of the event



7. Schedule of the Event

Time	Activity
9.30 AM – 10.00 AM	Awareness Talk
10:00 AM – 10:30 AM	Welcome and Inauguration
10:30 AM – 12.00 PM	Offline Poster presentation – E poster Competition
12:00 PM – 1:30 PM	Online Poster presentation – E poster Competition
1:30 PM – 2:00 PM	Prize Distribution and Felicitation of the Judges
2:00 PM – 2:15 PM	Conclusion & Vote of Thanks

8. Attendance of the Event

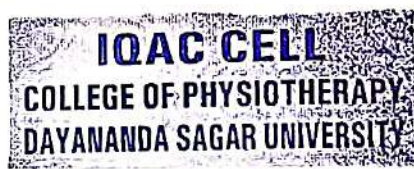
Attendance has been attached separately

Hananth

Signature of coordinators

[Signature]
17/02/26

Signature of IQAC coordinator



[Signature]
17/02/2026

Signature of principal

Principal
College of Physiotherapy
DAYANANDA SAGAR UNIVERSITY
Devaratta, Balahalli, Harohalli,
Kannakapura Road, Ramanagar Dist.
Karnataka-562112