



**REPORT ON THE AWARENESS PROGRAM ON "ROLE OF PHYSIOTHERAPY
DURING BREASTFEEDING"**

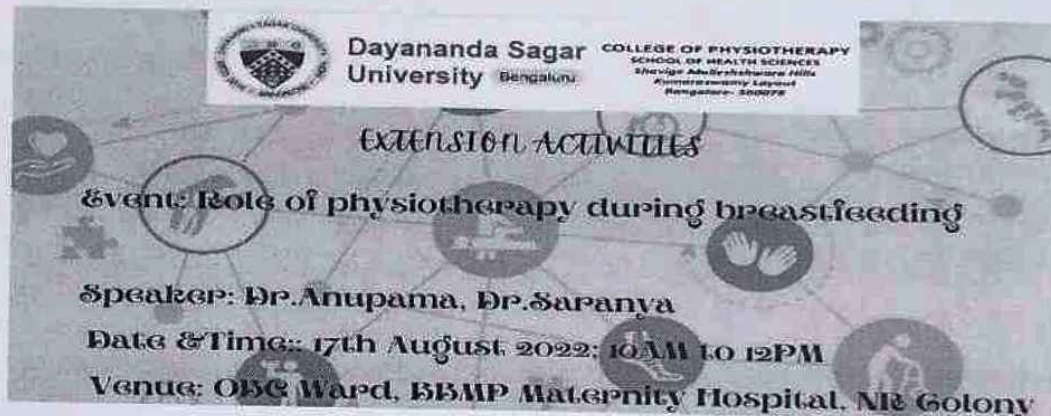
DATE: 17/08/2022

TIME: 10:00 AM- 12:00 PM

PLACE: OBG ward, BBMP Maternity hospital, N R Colony

NO OF STUDENTS PARTICIPATED: 07

The College of Physiotherapy, Dayananda Sagar University has conducted an awareness program on "ROLE OF PHYSIOTHERAPY DURING BREASTFEEDING" conducted from 10:00 am to 12 pm. The program was conducted in an OBG ward of a Government hospital where all the recently delivered mothers and expectant mothers were gathered and were given insights about breastfeeding. The program started with the Obstetrician Dr. Anupama, HOD giving a talk on the importance of breastfeeding, followed by the Paediatrician Dr. Tejaswini's talk about how breastfeeding is important for the child's health. The program was then carried on by the Women's health Physiotherapists, Dr. Saranya Pothukuchi and Dr. Feba Roy. Dr. Saranya Pothukuchi spoke at length about benefits of breastfeeding, breastfeeding techniques, latching breastfeeding posture, breastfeeding problems and how Physiotherapy plays a pivotal role in preventing and handling the said problems and teaching the right techniques. In the end advice on proper diet and exercises were given for a healthy lifestyle of the mothers. At the end of the program, a hands-on session was done in which Dr. Feba demonstrated the different breastfeeding and latching techniques and the participants were made practise the said techniques in groups. The participants were given refreshments before leaving. A total of 17 participants got benefitted by the awareness program.



PROGRAM COORDINATOR

PRINCIPAL
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College of Physiotherapy,
Dayananda Sagar University
Bangalore 560 078



COLLEGE OF PHYSIOTHERAPY
DAYANANDA SAGAR UNIVERSITY



Awareness programme on
***Role of Physiotherapy during
Breastfeeding***

Speakers:

Dr. Anupama, HOD , OBG department

Dr.Saranya Pothukuchi (PT) Assistant professor (MPT)

Organizing chairperson:


Principal,

College of Physiotherapy ,DSU

Date : 17th August 2022

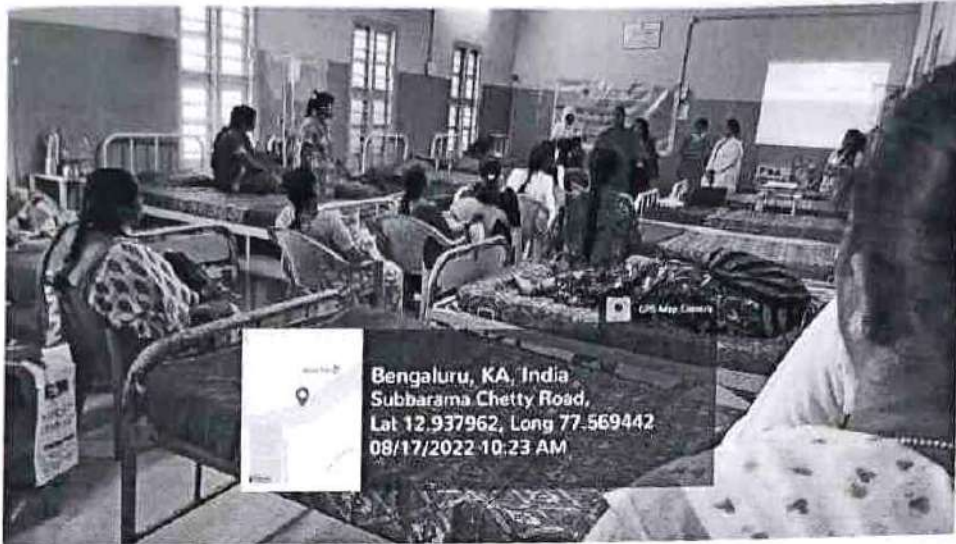
Time : 10 AM to 12PM

**Venue: OPD wards, BBMP Maternity
hospital ,NR colony**


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P. Sathy
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Dayananda Sagar
University BANGALURU

COLLEGE OF PHYSIOTHERAPY
SCHOOL OF HEALTH SCIENCES
Shree Mahadevarao Hall
Kuvempu Road
Bangalore - 560076



Bengaluru, KA, India
2nd Cross Road, Basavanagudi,
Lat 12.937869, Long 77.569513
08/17/2022 10:32 AM



Bengaluru, KA, India
Subbarama Chetty Road,
Lat 12.937871, Long 77.569476
08/17/2022 10:57 AM

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COLLEGE OF PHYSIOTHERAPY
SCHOOL OF HEALTH SCIENCES
Shree Abanashwari Math
Kuvempu Road
Bengaluru - 560078



Bengaluru, KA, India
Subbarama Chetty Road,
Lat 12.937959, Long 77.569446
08/17/2022 11:00 AM

P. Lakshmi

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Bangalore 560 078



ROLE OF PHYSIOTHERAPY DURING BREASTFEEDING

PARTICIPANTS LIST

DATE: 17.08.2022

SL. NO.	NAME	SIGNATURE
01	Manjula	Manjula k
02	Manisha	manisha
03	Sushmitha	S
04	Jyothi	J
05	Yashodha	Yashodha
06	Nisha	Nisha
07	Rashmi	Rashmi
08	Yashodha	Yashodha L.S
09	Ravithra	Ravithra.N
10	Chaitra	chaitra
11	Pushpalatha	Pushpalatha.S.R.
12	Amsha Jannat	A
13	Pooja	Pooja
14	Asha	A
15	Sangeetha	Sangeetha
16	Soubhagya	Soubhagya
17	Anitha B.	Anitha - B

P. J. Jyoti
PRINCIPAL
College of Physiotherapy
Dayananda Sagar Univ.
Bangalore 560075



ROLE OF PHYSIOTHERAPY DURING BREASTFEEDING

STUDENT PARTICIPANTS LIST

DATE: 17.08.2022

SL. NO.	NAME	SIGNATURE
01	FOUZIYA BANU - MPT I	
02	Socha . S - MPT II	
03	Sai . Keertana - MPT I	
04	Tilak Khawal - MPT I	
05	Naine Joshi - MPT II	
06	HIBA FATHIMA - BPT IV	
07	Hafsa Khatoon - BPT IV	

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COLLEGE OF PHYSIOTHERAPY
SCHOOL OF HEALTH SCIENCES
Shree Siddaganga Hills
Kannuramangala Layout
Bengaluru - 560078

Ref No: DSU/COPT/2022/332

Date: - 16-08-22

To,
The Administrative Medical Officer
NR colony Maternity Home, BBMP
NR colony, Bangalore

Respected Sir/Madam,

Subject: Request of permission for conducting an awareness program

Greetings from Dayananda Sagar University, College of Physiotherapy, Bangalore. Our department is willing to conduct a program on 17th August 2022 on the topic "ROLE OF PHYSIOTHERAPY DURING BREASTFEEDING". The said program is an awareness program which will be conducted in the OBG ward of the hospital from 10AM to 12PM. We hereby request you to grant us permission for the same. Kindly do the needful.

[Handwritten Signature]
16/8/22

Principal,

College of Physiotherapy

Dayananda Sagar University

PRINCIPAL

College of Physiotherapy
Dayananda Sagar University
Bengaluru - 560 078

[Handwritten Signature]
16/08/22
Assistant Surgeon
N.R. Colony, UFWC
B.B.M.P. Bangalore



WORLD BREASTFEEDING WEEK – 2022

ROLE OF PHYSIOTHERAPY IN BREASTFEEDING

EVENT SUMMARY

1. Gathering of recently delivered mothers
2. Talk on the importance of breastfeeding by Dr. Anupama, HOD, OBG ward, BBMP, NR Colony
3. Making them aware of the proper breastfeeding techniques and problems associated with PPT presentation and demonstration.
4. Explaining the role of Physiotherapy in breastfeeding women and in women's health.
5. Advice on lifestyle
6. Followed by refreshment distributions

Date: 17.08.2022

Venue: OBG ward, BBMP maternity hospital, NR colony

Time: 10AM-12PM

Participants: recently delivered mothers of NR colony Maternity Home, BBMP

Speakers:

1. Dr. Anupama

Topic: The importance of breastfeeding

Time: 10:15am- 10:45am

2. Dr. Saranya

Topic: Role of physiotherapy during breastfeeding


Time: 10:45am- 11:15am

Hands-on practice: 11:15am-11:50am

Refreshment distribution: 11:50-12:00pm

S/A

Timestamp	Name of participant	1. The speakers commun	2. Speaker allowed a audio	3. The programme descri	4. The description of award	5. Your expectation with it	6. Time allotted for the top	7. The programme was w	8. The purpose of progra	9. The title of programme	10. The programme were	any suggestions or feedback
8/17/2022 12:32	Mrs. Manjula	Agree	strongly agree	agree	Strongly agree	agree	agree	strongly agree	agree	strongly agree	strongly agree	If was a good session
8/17/2022 12:34	Mrs. Manisha	Agree	strongly agree	strongly agree	Strongly agree	strongly agree	agree	strongly agree	agree	strongly agree	strongly agree	Educative
8/17/2022 12:35	Mrs. Sushmitha	Strongly agree	strongly agree	agree	Strongly agree	strongly agree	strongly agree	strongly agree	strongly agree	strongly agree	strongly agree	Interesting session
8/17/2022 12:37	Mrs. Jyothi	Strongly agree	strongly agree	agree	Strongly agree	agree	neutral	strongly agree	agree	strongly agree	strongly agree	Doll session was good
8/17/2022 12:38	Mrs. Yashodha	Strongly agree	strongly agree	agree	Strongly agree	strongly agree	agree	strongly agree	agree	strongly agree	strongly agree	Good
8/17/2022 12:39	Mrs. nisha	Agree	agree	agree	agree	agree	agree	agree	agree	agree	agree	Good
8/17/2022 12:39	Mrs. Rashmi	Strongly agree	strongly agree	strongly agree	Strongly agree	strongly agree	agree	strongly agree	strongly agree	strongly agree	strongly agree	Good
8/17/2022 12:40	Yashodha L.S	Strongly agree	agree	strongly agree	agree	agree	agree	strongly agree	agree	strongly agree	agree	Very good
8/17/2022 12:41	Mrs. Pavithra	Agree	strongly agree	strongly agree	agree	agree	agree	agree	agree	agree	agree	Good
8/17/2022 12:42	Mrs. Chaitra	Strongly agree	strongly agree	strongly agree	Strongly agree	strongly agree	agree	strongly agree	strongly agree	strongly agree	strongly agree	Interesting
8/17/2022 12:43	Mrs. pushpala	Strongly agree	strongly agree	strongly agree	Strongly agree	strongly agree	agree	strongly agree	strongly agree	strongly agree	strongly agree	Good
8/17/2022 12:44	Mrs. Amsitha	Strongly agree	strongly agree	strongly agree	Strongly agree	strongly agree	agree	strongly agree	strongly agree	strongly agree	strongly agree	Very good job
8/17/2022 12:45	Mrs. pooja	Agree	strongly agree	strongly agree	Strongly agree	agree	agree	strongly agree	strongly agree	strongly agree	strongly agree	Fabulous
8/17/2022 12:47	Mrs. aasha	Strongly agree	strongly agree	strongly agree	Strongly agree	agree	strongly agree	strongly agree	strongly agree	strongly agree	strongly agree	It was good because it was translated in kannada
8/17/2022 12:48	Mrs. Sangeetha	Strongly agree	strongly agree	strongly agree	Strongly agree	strongly agree	strongly agree	strongly agree	strongly agree	strongly agree	strongly agree	Presentation was good with pictures
8/17/2022 12:48	Mrs. soubhagya	Agree	strongly agree	strongly agree	agree	strongly agree	strongly agree	strongly agree	strongly agree	strongly agree	strongly agree	Learnt many techniques
8/17/2022 12:50	Mrs. Anitha B	Strongly agree	strongly agree	agree	agree	agree	agree	agree	agree	agree	agree	Good counseling for expecting mothers


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 Davanda Sagar University
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