



International Yoga Day

Date: 21/06/2017

Awareness about Yoga as well as Yoga Demonstration by the staff and students of Physiotherapy within the Campus-1. On the International Yoga Day, few students of Physiotherapy College were selected and chosen for demonstrating easy Yoga postures along with suryanamaskar to all the staff and students of Dayananda Sagar University. the demonstration was done within the campus so that everyone can attend the Yoga demonstration session. The event started with welcome speech and introduction to Yoga by Principal, Dr Anil T John in continuation with the demonstration of few Yoga techniques. The program was led by Dr Srihari Sharma and about 45 students participated in the event. The event concluded with vote of thanks by Dr Vinod Kumar.



Principal
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