



Dayananda Sagar
University Bengaluru

SCHOOL OF HEALTH SCIENCES
(College of Physiotherapy,
College of Pharmaceutical Sciences & College of Nursing)
DAYANANDA SAGAR UNIVERSITY

WELCOMES YOU TO THE

**HEALTH AWARENESS TALK ON
"MENSTRUAL HYGIENE"**

BY



Dr. Bhaswati Baishya
Asst. Proff- Physiotherapy



Dr. Smitha Niranjana
Asst. Proff- Physiotherapy



Dr. Shanthala S
Chief consultant in OBG
Sagar hospitals

Venue: C.D. Sagar Auditorium
Date: 12-02-2022, Saturday
Time: 11:30 AM to 01:00PM

Organised by

Dr. Pushpa Sarkar
Dean, SAHS

Principal
(College of Physiotherapy,
College of Pharmaceutical Sciences
& College of Nursing)

Staff and Students



**Dayananda Sagar
University**

**SCHOOL OF HEALTH SCIENCES
COLLEGE OF PHYSIOTHERAPY**
Shavige Malleshwara Hills, Kumaraswamy Layout, Bangalore-560078

REPORT ON AWARENESS TALK ON MENSTRUAL HYGIENE

DATE: 12/2/2022
TIME: 11.30 am – 1.00 PM
VENUE: CD SAGAR AUDITORIUM, Dayanand Sagar University, Kumaraswamy Layout, Bangalore-560111

The school of allied health sciences conducted an offline event, A Health Awareness Talk on **Menstrual Hygiene and Menarche: Nature's gift** on "Sexual & Reproductive Health Awareness Day" for the students and staff of the Department of College of Physiotherapy, College of Nursing, and College of Pharmacy. Around 84 female students from the school of allied health, sciences participated in the event. The event was a successful one, with renowned Gynecologist Dr. Shantala S, Chief Consultant in OBG, Sagar Hospitals, giving an awareness talk on Menstrual hygiene and its significance on physical and reproductive health. Along with that, the session was hosted by speakers Dr. Smita Niranjana, Assistant Professor, College of Physiotherapy, and Dr. Bhaswati Baishya, Assistant Professor, College of Physiotherapy giving insights on menstruation as well as on creating awareness and education amongst the young girl students.



B. Baishya
Program Co-ordinator

M. N. S.
Principal
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