



Dayananda Sagar
University

SCHOOL OF HEALTH SCIENCES
COLLEGE OF PHYSIOTHERAPY

Shavige Malleshwara Hills, Kumaraswamy Layout, Bangalore-560078

REPORT ON ASSESSMENT AND SCREENING OF OBESITY IN CHILDREN

DATE: 14/12/22

TIME: 10:30 AM- 1:00 PM

PLACE: Dayananda Sagar International School, Kumaraswamy Layout, Bangalore- 560111

The College of Physiotherapy, Dayananda Sagar University conducted a camp on the Assessment and Screening of Obesity in children at Dayananda Sagar International School, Kumaraswamy Layout, and Bangalore on 14th of December, 2022.

Students from standard VIII of age 13-14 years were screened in the camp. BMI, waist-hip ratio and quantitative assessment of physical fitness were measured for the students by Dr. Bhaswati Baishya, Assistant Professor, COPT, DSU, Dr. Bhavani, Assistant Professor, COPT, DSU and students from MPT 2nd Year. Dr. Vinod Kumar, Associate Professor, COPT, DSU gave awareness talk on obesity, its dangers and the benefits of exercise and physical regimen. Dr. Pradeep T, Nutritional & Lifestyle Physiotherapy Consultant, briefed the students on Hidden obesogenic dangers in fast food and soft drinks. After the awareness talk, screening and assessment was done for the students and refreshments were distributed. A total of 70 students were benefitted from this camp.



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