



Dayananda Sagar
University Bengaluru

COLLEGE OF PHYSIOTHERAPY
SCHOOL OF HEALTH SCIENCES
Shavige Malleshshwara Hills
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Bangalore- 560078

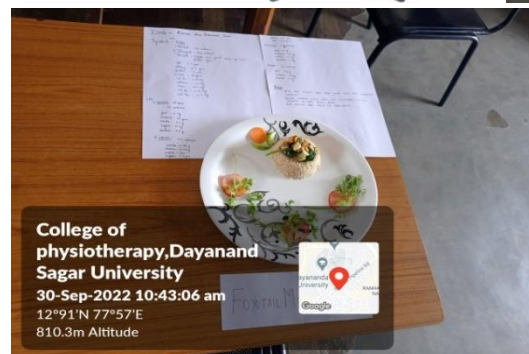
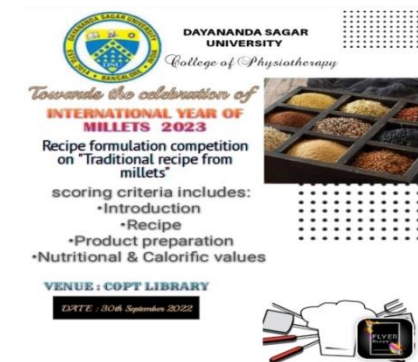
REPORT ON INTERNATIONAL YEAR OF MILLETS-2023 : Recipe formulation competition on “Traditional recipe from millets”

Date: 30th September, 2022

Time: 9:00 am- 11:00 am

Venue: Library, COPT

A competition has been conducted by College of Physiotherapy, Dayananda Sagar University on occasion of INTERNATIONAL YEAR OF MILLETS. The competition “Recipe formulation on traditional recipe from millets” held at COPT library on 30th September, 2022 from 09:00 A.M to 11:00 A.M.. Awareness of millets amongst students is very important as Millets are rich in a huge spectrum of micronutrients, including calcium, iron, phosphorus, etc. Millets help with preventing and controlling diabetes. A total of 15 students from various batches of BPT has participated in the same. The participants were judged on the basis of the nutritional and calorific values, presentation of the food and innovative idea towards the recipe. The judges were the staff of COPT. The dish “Fox millet pulao” prepared by Ms. Anna, Ms. Mahima and Ms. Akshita of 3rd year BPT was awarded with First Prize.



PROGRAM CO-ORDINATOR

PRINCIPAL