



DAYANANDA SAGAR  
UNIVERSITY

COLLEGE OF  
PHYSIOTHERAPY  
SCHOOL OF HEALTH SCIENCES

# ***EMPOWERING ABILITIES:*** **THE FUTURE OF PARASPORTS IN INDIA**

## **SEMINAR**

**27-02-2025  
THURSDAY**

**AT 9:30 AM  
F-BLOCK AUDITORIUM  
CDSIMER**





## OUR SPEAKERS



**MR. GOPINATH K**  
INTERNATIONAL PARA-ATHLETE  
MANAGING TRUSTEE OF  
DIVYANG SPORTS ACADEMY



**DR. (MAJ) AMEYA KAGALI**  
SPORTS MEDICINE CONSULTANT  
CHIEF TEAM PHYSICIAN  
PARIS PARALYMPIC 2024



**MR. MADESH CHANDRA**  
INTERNATIONAL PARA-ATHLETE  
SOCIAL WORKER



**DR. RAJESH LAMECHWAL**  
EX-PRESIDENT, WHEELCHAIR  
TENNIS FEDERATION OF INDIA

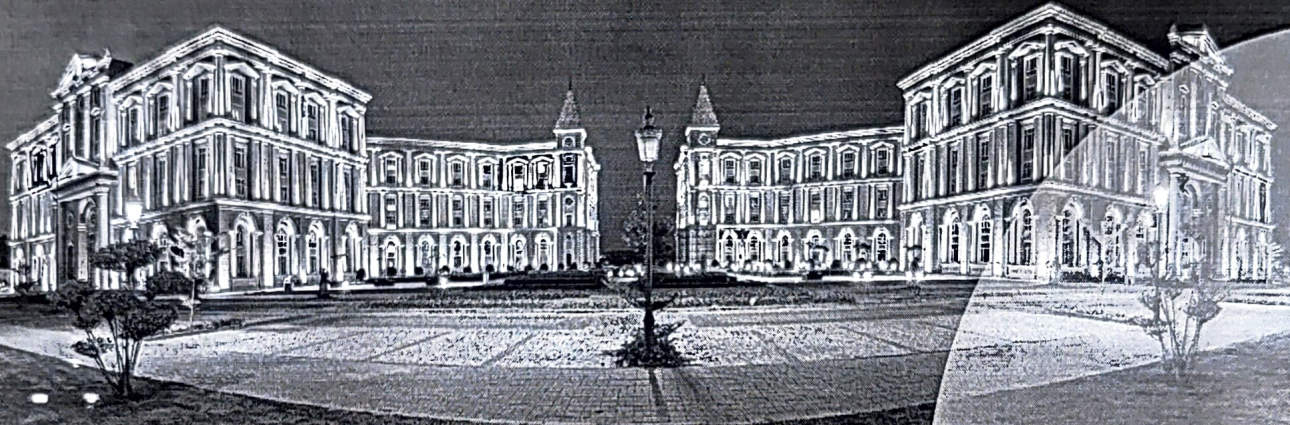
## HIGHLIGHTS

- INSPIRING STORIES
- ACCESSIBILITY & INCLUSION
- GRASSROOTS DEVELOPMENT
- PSYCHOLOGY & MENTAL RESILIENCE
- CLASSIFICATION IN PARASPORTS
- MEDICAL & REHABILITATION STRATEGIES





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# Empowering Abilities

Seminar

SCHOOL OF HEALTH SCIENCES  
COLLEGE OF PHYSIOTHERAPY

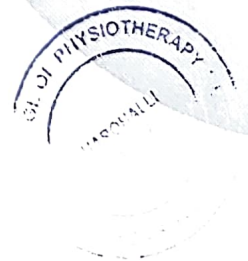
Dr. Pramod Kashyap & Dr. Sathvik Acharya

(27/02/2025)



**IQAC CELL**  
COLLEGE OF PHYSIOTHERAPY  
DAYANANDA SAGAR UNIVERSITY

Principal  
College of Physiotherapy  
DAYANANDA SAGAR UNIVERSITY  
Devarakaggalahalli, Harohalli,  
Kanakapura Road, Ramenagar Dist.  
Karnataka-562 112



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7. Brochure or creative of the event
8. Schedule of the Event
9. Attendance of the Event
10. Feedback of the Event



## 1. Introduction of the Event

The Para-Sports Awareness Seminar was organized to foster inclusivity and accessibility in sports, focusing on para-athletes and the challenges they face. The event brought together expert speakers to discuss the journey of para-athletes, grassroots development, psychological resilience, and medical classification in parasports. This initiative aligns with the UN Sustainable Development Goals (SDGs) by promoting equality, accessibility, and well-being for differently-abled individuals in sports.

## 2. Objective of the Event

The seminar aimed to:

- Create awareness about parasports, accessibility, and inclusion
- Discuss grassroots development, funding, and pathways for aspiring para-athletes
- Explore the role of psychology in parasports and mental resilience
- Understand the medical & rehabilitation aspects, including classification in parasports

## 3. Beneficiaries of the Event

150+ Attendees – Undergraduate & Postgraduate students of Physiotherapy, along with faculty members.

The event helped students and faculty gain insights into parasports, accessibility, athlete rehabilitation, and inclusive sports development. It also emphasized the role of physiotherapists in supporting para-athletes.

## 4. Details of the Guests

- **Mr. Gopinath K:** Renowned Para-athlete, Karnataka Rajyotsava awardee (2021)
- **Mr. Madesh Chandra:** International Para-athlete, Social Worker
- **Dr. (Maj) Ameya Kagali:** MBBS, Masters Sports Med (UK), PG Dip. Sports & Exercise (NZ), PG Dip. Sports Medicine (IOC); Chief Team Physician for the Indian Para-sports contingent in Tokyo Paralympic 2020, Hangzhou Asian Para Games 2022, Paris Paralympic 2024.
- **Dr. Rajesh Lamechwal (BDS) –** Ex-President, Wheelchair Tennis Federation of India; Para-athlete & advocate for disability sports development.



## 5. Brief Description of the event

The Para-Sports Awareness Seminar aimed to promote inclusivity, accessibility, and the role of physiotherapy in para-athletics. With over 150 attendees, including undergraduate and postgraduate physiotherapy students and faculty, the event provided valuable insights from experts in the field.

◆ Dr. (Maj) Ameya Kagali (*Classification in Parasports*) explained the classification process in para-sports, covering medical assessments, eligibility criteria, and the challenges in ensuring fair competition. His session provided a deeper understanding of how medical and rehabilitation professionals contribute to athlete categorization and performance optimization.

◆ Mr. Gopinath K (*Beyond Barriers: A Champion's Journey*) shared his inspiring journey as a para-athlete, discussing mental resilience, training challenges, and the need for better accessibility in sports. He emphasized how proper rehabilitation and physiotherapy can enhance an athlete's performance and recovery.

◆ Dr. Rajesh Lamechwal (*Psychology in Parasports*) explored the psychological aspects of para-athletes, including mental resilience, motivation, and strategies to overcome performance anxiety. He also discussed the role of sports psychologists and physiotherapists in supporting athletes' mental well-being.

◆ Mr. Madesh Chandra (*Parishrama Divyang Sports Academy*) spoke about grassroots development, funding, and support systems for aspiring para-athletes. He highlighted the importance of providing access to adaptive sports facilities, structured training programs, and financial assistance to help athletes compete at national and international levels.

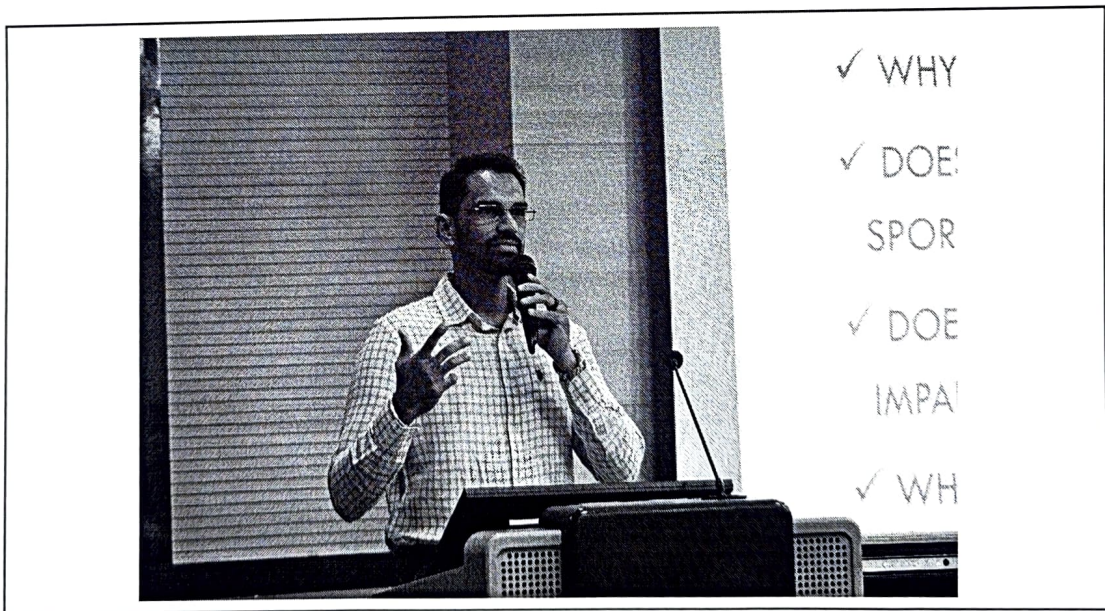
The event concluded with an engaging Q&A session, where attendees interacted with the speakers, discussing real-world challenges in para-sports and the role of physiotherapists in athlete rehabilitation. The seminar reinforced the multidisciplinary approach needed to support para-athletes and ended with a vote of thanks to the esteemed speakers and participants.



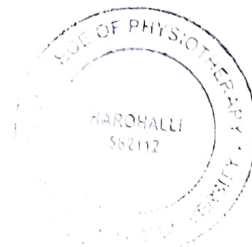
## 6. Photographs

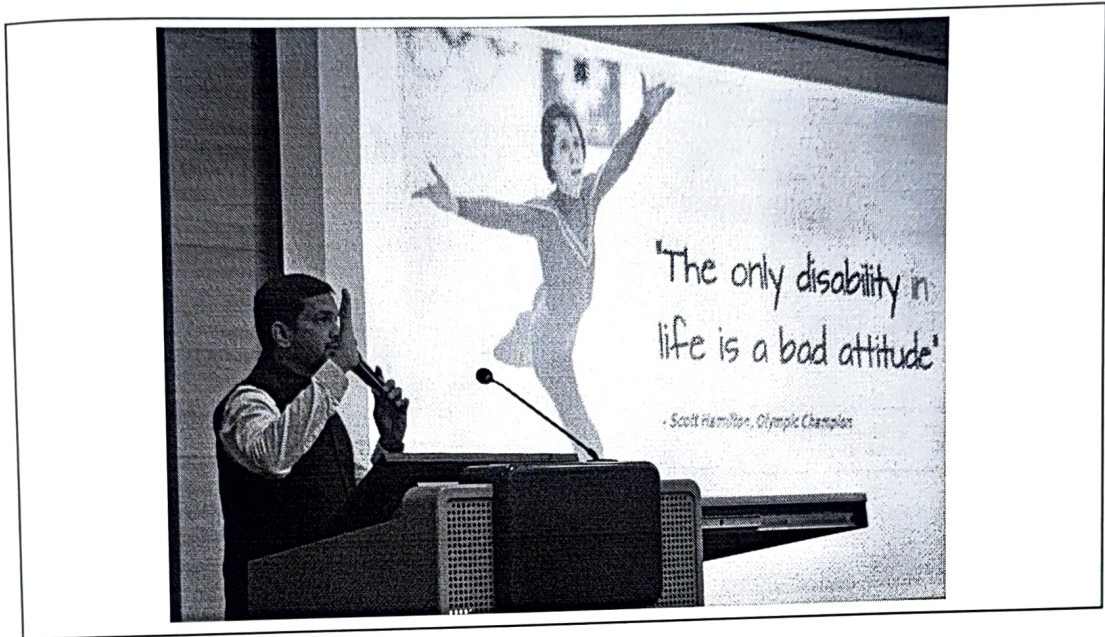


Pic 1 – Esteemed Speakers on the dias



Pic 2 – Dr. (Maj.) Ameya Kagali giving insights on “Classification in Parasports”





Pic 3 – Mr. Gopinath sharing his journey as a para-athlete



Pic 4 - Participants



7. Brochure or creative of the event



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PRINCIPAL & STAFF  
COPT-DSU

*DSU for the dream*

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## 8. Schedule of the Event

27<sup>th</sup> February 2025, Thursday.

9:30AM to 12:30PM


## 9. Attendance of the Event

Attendance has been attached with coordinator's signature.


## 11. Feedback of the Event

Feedback report has been attached.



  
Signature of the Coordinator

  
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