



**COLLEGE OF
PHYSIOTHERAPY**

ppl-physio@dsu.edu.in
Deverakaggalahalli, Kanakapura Road Ramanagaram Dt.
Karnataka - 562 112



**WRIST & HAND ASSESSMENT AND REHABILITATION – AN EXPERIENTIAL
LEARNING**

CIRCULAR

Ref: COPT/DSU/ WS- 27092024

Date: 27-09-2024

Subject: Planning for Wrist & Hand Assessment and Rehabilitation – An Experiential Learning workshop

Announcement:

We will be holding a **planning meeting** for the upcoming **Wrist & Hand Assessment and Rehabilitation – An Experiential Learning workshop** on **28th September 2024** at **2:00 PM** in the **Seminar Hall**. The meeting will last **30 minutes**, and we will finalize key details for the workshop.

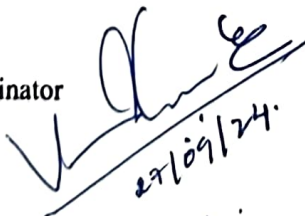
All involved team members are requested to attend.

Date: 28-09-2024

Time: 2:00 pm

Venue: COPT, HS Building, DSU, Harohalli

Program Coordinator


27/09/24


27/9/24


27/9/24


Principal

IQAC CELL
COLLEGE OF PHYSIOTHERAPY
DAYANANDA SAGAR UNIVERSITY



MINUTES OF THE MEETING

Circular reference No: COPT/DSU/ WS- 28092024

Date & Time: 28/09/2024, 2:00 PM

Location: COPT, HS Building, DSU, Harohalli

Duration: 30 minutes

Agenda: Planning for Wrist & Hand Assessment and Rehabilitation – An Experiential Learning workshop

Members Present:

Sl. No	Name	Representative's Designation	Signatures
1.	Dr. Sathya Guruprasad	Principal and Chairperson	
2.	Dr. Srihari Sharma	Member	
3.	Dr. Vinod Kumar	Member	 28/09/24
4.	Dr. Kanchan Sugandhi	Member	 Kanchan Sugandhi 28/9/24
5.	Dr. Pramod Kashyap	Member	 28/9/24

Program Coordinator

Kanchan Sugandhi
28/9/24

Pramod Kashyap

Principal
College of Physiotherapy
Dayananda Sagar
Bangalore



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WRIST & HAND ASSESSMENT AND REHABILITATION – AN EXPERIENTIAL LEARNING

CIRCULAR

Ref: COPT/DSU/ WS- 01102024

Date: 01-10-2024

Subject: Wrist & Hand Assessment and Rehabilitation – An Experiential Learning

Dear staff,

We are excited to announce an upcoming workshop on **Wrist & Hand Assessment and Rehabilitation – An Experiential Learning**, organized by the College of Physiotherapy DSU. The objective of the program is to understand biomechanics, evaluation followed by rehabilitation of wrist & hand and its clinical implications. This Hands-On Workshop will enhance the practical orientation and expression of rehabilitation to the participants.

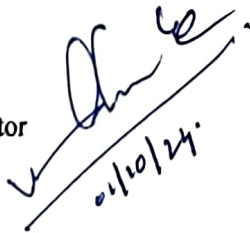
Date: 03-10-2024

Time: 12:00 am to 04:00 pm

Venue: Physiotherapy Education Unit, HS Building, DSU, Harohalli

We hope to see you at the venue.

Program Coordinator


01/10/24


01/10/24


01/10/24


Principal

College of Physiotherapy
Dayanagar, Deverakagalahalli
Ramanagara District, Karnataka


01/10/24


01/10/24



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Karnataka - 562 112



Report on the Wrist & Hand Assessment and Rehabilitation Workshop

Date: 3rd October 2024

Time: 12:00 PM – 4:00 PM

Location: College of Physiotherapy, School of Health Sciences, Harohalli, Kanakapura road, Ramanagara Dt.- 562112

Resource person: Dr. Tejashree Dabholkar, Professor and HOD of Musculoskeletal Physiotherapy at Dr. N.Y. Tasgaonkar College of Physiotherapy, Maharashtra and Hand Therapist at Advanced Physiotherapy Multispeciality Setup for Rehabilitation.

Total number of participants: 19

Program co-ordinators: Dr. Vinod Kumar K C, Dr. Kanchan Sugandhi & Dr. Pramod Kashyap

The **Wrist & Hand Assessment and Rehabilitation – An Experiential Learning Workshop** was successfully conducted on **3rd October 2024** at **COPT-DSU, Harohalli**. The event provided an in-depth understanding of wrist and hand biomechanics, clinical implications, and hands-on rehabilitation techniques.

The workshop began with an **Inauguration ceremony** from **12:00 PM to 12:15 PM**, graced by **Dr. M N Kumar**, Professor of Orthopaedics at CDSIMER, who delivered an inspiring address. Following the inauguration, **Session 1** (12:15 to 1:30 PM) on the **Biomechanics and Clinical implications of the wrist and hand**.

Followed by **Session 2** focused on the **Hands-on Evaluation and Rehabilitation of clinical cases**. This practical session allowed participants to apply various assessment techniques under expert guidance, deepening their clinical skills.

The workshop concluded with a **Closing ceremony** (3:30 to 4:00 PM), where **Dr. Tejashree Dabholkar** was felicitated for her outstanding contributions. The event ended with a group photo, capturing the successful collaboration between faculty, students, and healthcare professionals.

This event enhanced the knowledge and practical skills of all attendees in understanding the biomechanics and functional anatomy of the wrist and hand, learning comprehensive assessment techniques and exploring therapeutic interventions and rehabilitation strategies.

Participants gained valuable insights from the workshop and positive feedbacks were obtained.

Program Coordinator

Kanulay
04/10/24

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04/10/24

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4/10/24

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Principal
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Dayananda Sagar University,
Bangalore, 560078



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Program Coordinator

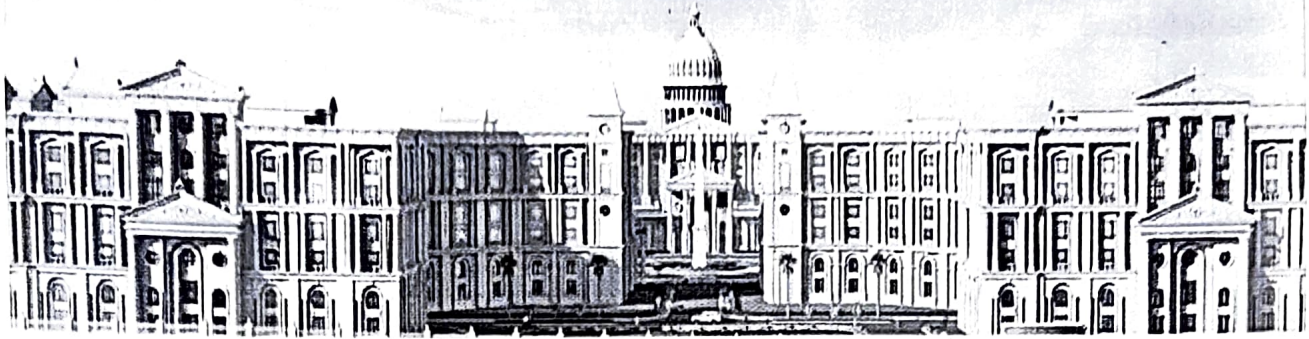
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P. Lakshmi
 Principal
 College of Physiotherapy,
 Dayananda Sagar University,
 Bangalore, 560078



**COLLEGE OF
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SCHOOL OF HEALTH SCIENCES
DEVERAKAGGALAHALLI, KANAKAPURAROAD
RAMANAGARA DT... KARNATAKA - 562 112



WRIST & HAND ASSESSMENT AND REHABILITATION - AN EXPERIENTIAL LEARNING (CONTINUING PHYSIOTHERAPY EDUCATION)

DATE: 3RD OCTOBER 2024



DR. TEJASHREE DABHOLKAR

PHD, MPT, FAIMER FELLOW (GSMC KEM, MUMBAI)
Professor and HOD, Department of Musculoskeletal Physiotherapy,
Dr. N.Y. Tasgaonkar College of Physiotherapy, Maharashtra
Co- Founder at Advanced Physiotherapy Multispeciality
Setup of Rehabilitation

COURSE OBJECTIVES

- Understanding Biomechanics of Hand & Wrist and its clinical implications
- Effective Evaluation of Hand & Wrist
- Understanding Rationale of Hand Rehabilitation w.r.t. clinical cases.

SCAN TO REGISTER



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ELIGIBILITY- MPT STUDENTS

**VENUE : PHYSIOTHERAPY
EDUCATION UNIT, HS BUILDING,
DSU, HAROHALLI**

TIME: 9 AM TO 4 PM

SEATS LIMITED TO 20 ONLY

For Enquiries Contact. Dr. Vinod Kumar
📞 90362 00878

Dr. Kanchan
📞 97559 79947

Dr. Pramod
📞 95357 06872



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CERTIFICATE OF PARTICIPATION

This is to certify that

Mr./Ms. _____

has successfully completed the workshop titled "WRIST & HAND ASSESSMENT AND REHABILITATION - AN EXPERIENTIAL LEARNING" organized by College of Physiotherapy, School of Health Sciences, Dayananda Sagar University, Harohalli, Kanakapura Road, Ramanagara Dt., Karnataka - 562112
on 3rd October 2024.
CONTACT HOURS : 5 HOURS

Dr. Tejaswree Dabholkar PhD,
NYTCP, Karjat, Maharashtra

Dr. Sathya Guruprasad
Principal, COPT, DSU

Dr. Pushpa Sarkar
Dean, SHS, DSU



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P. Sathya
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