



A unique Guest Lecture on World Tobacco Day and Pledge taking ceremony was held on 31st May 2021. The theme for the current year was "Commit to quit". **Dr. G R Vijaykumar**, Professor of Community Medicine delivered the keynote address on the theme. **Dr. Pushpa Sarkar**, Dean, School of Allied Health Sciences and Dr. Anil. T. John, Principal of College of Physiotherapy along with other staff of DSU-College of Physiotherapy were the dignitaries of the meet. The event was started by welcoming of the guest of honor by Dr. Shrihari Sharma, Introduction about the topic by Dr. Pushpa Sarkar, enlightenment of the theme by will be accompanied with a session of Yoga demonstration and practice lead by Dr. G R Vijaykumar and Oath taking ceremony by **Dr. Anil. T. John**.

This guest lecture was not only for professionals but also for students to create rising awareness about commit to quit regarding tobacco.

Venue: GOOGLE MEET Platform: <https://meet.google.com/jax-ubsv-jsw>

Time: 2:00-3:00 and Date: 31/05/2021

Dayananda Sagar
University

PLEDGE TAKING CEREMONY

"COMMIT TO QUIT"
WORLD NO TOBACCO DAY-31st MAY
COLLEGE OF PHYSIOTHERAPY--DAYANANDA SAGAR UNIVERSITY

INTRODUCTION

It's a known fact that TOBACCO is harmful to health, and still many human beings use it either to reduce stress or as a habit. Hence on the eve of WORLD TOBACCO DAY; We, College of Physiotherapy-DSU is organizing a Pledge Taking Ceremony with Chief Guest Dean, Dr. Pushpa Sarkar, Guest Of Honor Dr. Vijaykumar and Our Beloved Principal Dr. Anil T John.

Itinerary of the ceremony

2:00-2:10- Welcoming the Guest of Honor Dr. Shrihari Sharma.
2:10-2:20- Introduction to the topic by Dr. Pushpa Sarkar.
2:20-2:40- Enlightenment about the topic by Dr. G R Vijaykumar.
2:40-3:50- Oath Taking Ceremony by Dr. Anil T John
2:50-3:00- Vote of Thanks by Dr. Vinod Kumar K.C

शपथ

विश्व तम्बाकू निषेध दिवस के इस अवसर पर मैं यह शपथ लेता / लेती हूँ कि मैं कभी भी धूम्रपान व अन्य किसी भी प्रकार के तम्बाकू उत्पादों का सेवन नहीं करूँगा / करूँगी एवं अपने परिजनों या परिचितों को भी धूम्रपान व अन्य तम्बाकू उत्पादों का सेवन नहीं करने के लिए प्रेरित करूँगा / करूँगी। मैं अपने कार्यालय परिसर को तम्बाकू मुक्त रखूँगा / रखूँगी और अपने सहयोगियों को भी इसके लिए प्रेरित करूँगा / करूँगी।

PLEDGE

On this occasion of World No Tobacco Day, I take a pledge that I shall never smoke & consume any type of tobacco products in my life and motivate my family or acquaintances to not to smoke & use any tobacco products. I shall keep the campus of my office tobacco-free and shall also motivate my colleagues for the same.

14:03 | jax-ubsv-jsw