



Dayananda Sagar
University Bengaluru

COLLEGE OF PHYSIOTHERAPY
SCHOOL OF HEALTH SCIENCES
Shavige Malleshshwara Hills
Kumaraswamy Layout
Bangalore- 560078

REPORT ON THE “WORLD PHYSIOTHERAPY DAY: Risk Assessment and Awareness on Osteoarthritis”

DATE: 08/09/2022

TIME: 10:00 A.M -1:00 P.M

8th September is observed as World Physiotherapy Day around the world. It is celebrated to raise awareness about the critical role of physical therapists and the day marks the unity and solidarity of the global physiotherapy community. This year's World PT Day focused on Osteoarthritis and the role of physiotherapists in the prevention and management of people affected by osteoarthritis. A free “Risk Assessment and Awareness on Osteoarthritis” Camp was organized by Dayanand Sagar college of Physiotherapy on 8th September 2022 from 10 am to 1 pm. The program has been co-ordinated by Dr. Swapna Rout. 7 Potential centres were identified for ease of participants to avail this service. The stations were coordinated by two staff along with two 3rd year BPTs & two 4th year BPTs. Screening of the participants was done using ICF Assessment form followed by Awareness video lecture about symptoms, causes, role of physiotherapy in Osteoarthritis, importance of exercise in osteoarthritis, different assistive devices prescribed by physiotherapist, Do’s and Don’ts for suffering from Osteoarthritis. The stations were listed below:

Station 1: Physiotherapy OPD

The station was coordinated by Dr. Radhika & Dr. Feba along with five BPT students Ms. Zainab, Ms. Princy, Ms. Keerthi kumari, Ms. Krupashree and Ms. Sankalpa

Station 2: Building no.13 MBA block

The station was coordinated by Dr. Swaleha & Dr. Saranya along with four BPT students Mr. Varun, Mr.Pavan, Ms. Ganga, and Mr. Shehan

Station 3: Building no. 10 CD Sagar, Pharmacy

The station was coordinated by Dr. Humair & Dr. Gayathri along with four BPT students Ms. Apeksha, Ms. Menam, Mr. Sai Prathyush and Mr. Talha

Station 4: Opp. To Indian canteen

The station was coordinated by Dr. Swapna & Dr. Kanchan along with four BPT students Ms. Rodhali, Mr. Passang, Mr. Waleed and Mr. Rohit

Station 5: Abhala ashram

The station was coordinated by Dr. Srihari & Dr. Bhavani along with three BPT students Ms. Anna, Ms. Ramya and Ms. Muskan

Station 6: N R Colony

The station was coordinated by Dr. Suchetha & Dr. Sanjyoth along with four BPT students Ms. Soukhya, Ms. Yamin, Ms. Sindhu and Ms. Harshita R

Station 7: CDSIMER, Harohalli

The station was coordinated by Dr. Vinod & Dr. Bhaswati, Dr. Aparna along with four BPT students Ms. Dheeshma, Ms. Udha, Mr. Amlan and Ms. Visakha with two Tutors Dr. Apporva and Dr. Shiv Kumar.

The video was displayed at 3 stations, i.e., at Physiotherapy OPD, DSU, CDSIMER, and Abalashrama. The video slides have been prepared by Dr. Sathya Guruprasad and dubbed in regional language by Dr. Radhika Chintamani. Followed by which participants received free pamphlets which contained Do's and Don'ts and risk factors for Osteoarthritis. The Pamphlets which were distributed to participants were prepared by Dr. Sai Bhavani. A total of 100 participants has attended the camp and got benefited.

The camp focused on screening the patients for Osteoarthritis using the ICF screening tool and other general assessments. Following this, the participants were given a lecture on Osteoarthritis management and free pamphlets.

The College of Physiotherapy, Dayananda Sagar University has taken an initiative to raise awareness on the role of physiotherapists in treating and preventing Osteoarthritis.



PROGRAM CO-ORDINATOR

PRINCIPAL

