3.3.5 Mental Health Support for Students

Dayananda Sagar University provides mental health support services to students through counselling and guidance facilities.

Students can access professional counselling for emotional, psychological, academic, and personal concerns. Awarenenss programmes and workshops are conducted to promote mental well-being and stress management. Students are encouraged to seek timely support in a safe, confidential, and supportive environment. These initiatives help students develop resilience, maintain emotional well- being and lead a balanced academic life.

Sl. No.	Activities focused to	Document
1.	Counselling Room	View Document
2.	Mental health and Well-being committee	View Document
3.	Report on Counselling services	View Document